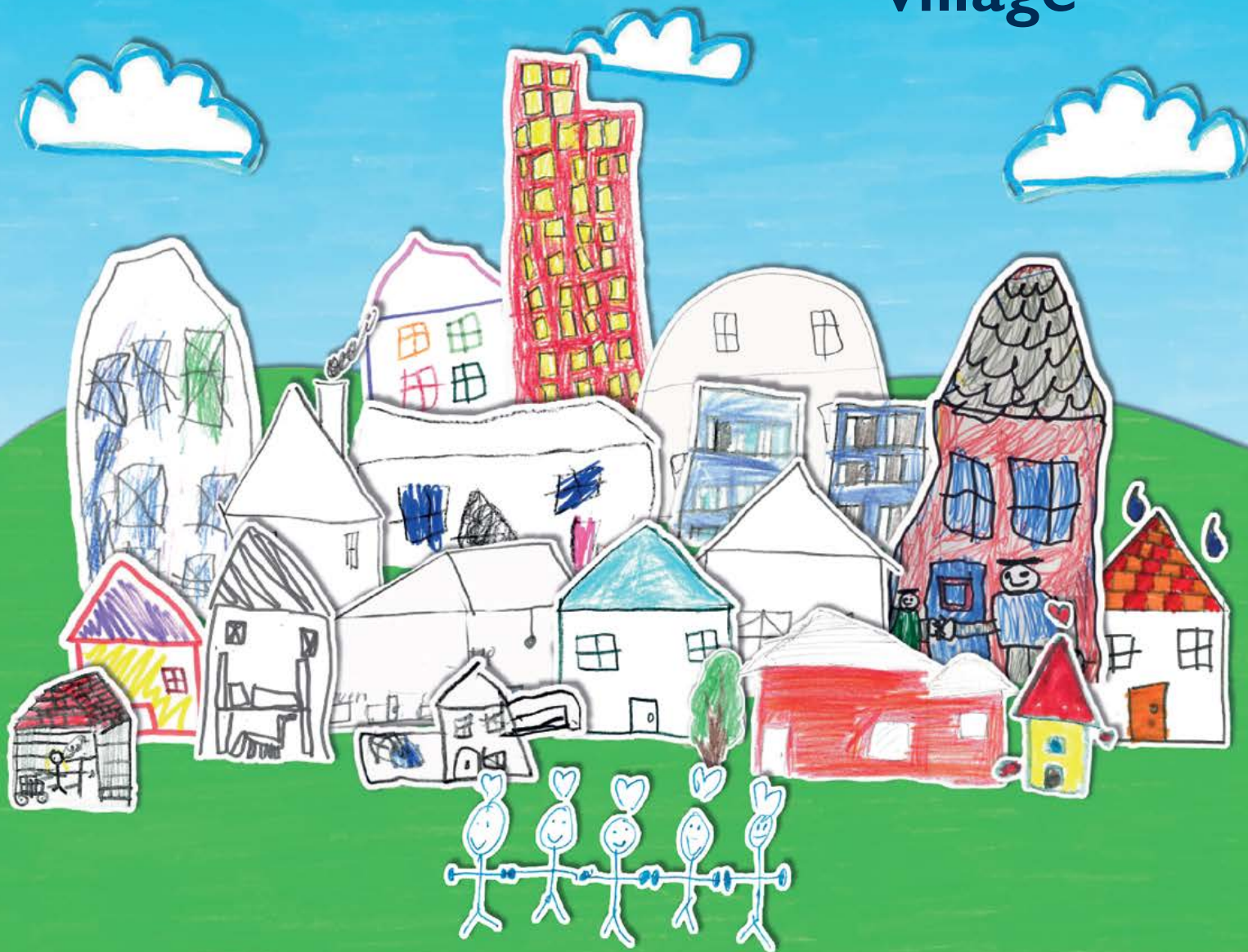


# It takes a Tasmanian village



**CHILD AND YOUTH WELLBEING STRATEGY**





By Marley (aged 11)

# Acknowledgement to Aboriginal People

The Tasmanian Government acknowledges and pays respect to the Tasmanian Aboriginal people as the traditional and original owners and continuing custodians of lutruwita/Tasmania and acknowledges elders, past and present.

We also acknowledge that Tasmanian Aboriginal children and young people's wellbeing has been and continues to be based on a deep and continuous connection to community and country, and we acknowledge that Tasmanian Aboriginal children and young people should have wellbeing outcomes equal to all Tasmanians.

# Thank you to children and young people

Your thoughts, ideas, pictures and voices are the foundations of this Strategy. You inspire us, you challenge us and you motivate us – you make us want to create better and more opportunities for you.

You have told us you value equity no matter your background and no matter your differences. You have told us how much you value the environment, you want more opportunities for physical and social recreation in the areas in which you live, and you want your voice heard. We have heard you and this Strategy is for you. More importantly, it is built by you. You have made a difference to government policy.

You have given us permission to use your voice and your pictures, located throughout this Strategy.

A special thank you to Alex, Audrie, Belle, Claire, Darcy, Eddie, Ellie, Elsie, Emma, Hugh, Isabella, Joey, Keira, Kenee, Lottie, Tilly, Willis and Zeinab who have contributed to the artwork on the cover of this Strategy... 'It Takes a Tasmanian Village'.



By Claire (aged 8)

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# Message from the Premier



The biggest influence on wellbeing for children and young people is a child's parents, carers and family. Strong families are the best way to achieve child and youth wellbeing. The best way to invest in the wellbeing of our future, is to invest in the wellbeing of our young people and their parents, carers and families.

The Tasmanian Government's vision is for a Tasmania, that no matter where you live, your background or your circumstances, opportunities will be there and if you want to grasp those opportunities, a better life will be within your reach. That's why we have developed Tasmania's first ever Child and Youth Wellbeing Strategy for 0-25 year olds.

The Strategy is the first step towards thinking about a 'wellbeing economy' in Tasmania. Where the economic

growth of our State, is intrinsically linked with the wellbeing of Tasmanians, underpinned by the support and initiatives to achieve this. This Strategy is Government's continued response to providing children and young people with what they need to grow and thrive, but we know it takes more than just the efforts of government. It takes supportive and nurturing families and environments.

This is why our Strategy builds on the many existing government initiatives that support parents, families and communities and provides new investments to strengthen the important role that parents and caregivers provide, especially in the critical early years of pregnancy to two years old.

Over the past few months, I've had the privilege of reading more than 870 postcards and many letters sent from children and young people, regarding their hopes and dreams.



"...that  
Tasmanian  
tigers were  
still alive..."



Some made me smile and some gave me pause to reflect.  
For example:

"That every one should  
have a friend no matter  
what their culture is.  
No-one should feel alone"

(Anonymous)

"I just want a  
healthy and green  
island to live on with  
plants and wildlife  
and clean air"

(Brooklyn)

"I hope that  
everyone has  
a home"

(Ryan)



"Stop the water being  
polluted and stop putting  
rubbish on the beach  
because turtles might eat  
it at night"

(Thomas)



"That they  
can feel safe  
around people  
and are able  
to dream big"

(Leah)

"That everyone  
is given the  
opportunity to be  
their true selves and  
unlock their own  
unlimited potential"

(Kalani)

One person's big wish was "that Tasmanian tigers were still alive", while others wanted more things to do in their communities.

I received a lot of good ideas, ranging from the importance of electric cars to putting "a big heater in over Tasmania". I also received heartfelt pleas from children who wrote that their hopes and dreams were to "live back home with mum and dad".

All the contributions from children and young people help to inform our initiatives.

Through this Strategy we are committing over \$100 million across four years to improve the wellbeing of Tasmania's children and young people: and support parents and families with an additional \$45.2 million to

fully fund our fundamental shift in the delivery of Child and Adolescent Mental Health Services.

To all the Tasmanian children and young people who took the time to write to me, along with the many adult Tasmanians, including parents and carers who contributed thoughts and knowledge to this important body of work – thank you.

**Peter Gutwein**  
Premier, Tasmania  
August 2021.



# Introduction

**Aislinn wrote a postcard to the Premier asking for “more support for families. It takes a village and we’ve lost ours”.**

In Tasmania we are close, and we are connected, we care about each other and our beautiful island. We are made up of many diverse communities and united by our Tasmanian-ness. We step up to help and support each other. Many people like Aislinn wrote that the wellbeing of our children and young people depends on the wellbeing of those around them. Most of all, the wellbeing of children and young people sits in the hands of their parents, carers and families. While evidence shows that a supportive community and relationships outside of the home can help, parents and caregivers are the most important way to achieve wellbeing. It will take our collective efforts to ensure parents, families and caregivers are supported so that children and young people can live their best lives.

The ecological model of human development places the child at the centre and recognises the influence of relationships within the settings of the family, the community, wider society and the environment. Children and young people’s wellbeing is heavily shaped by their relationships with their family and also the wider community. These relationships are critical to the development of wellbeing; and secure, predictable and loving attachments from early life with parents are of particular importance.

The ecological model recognises that child and youth wellbeing takes the contribution of all Tasmanians... ‘It Takes a Tasmanian Village’.

The Government already has a suite of programs and initiatives that will improve the wellbeing of parents, carers and families, and Tasmania’s children and young people. Many of these are outlined in Appendix Three. We know we can do more and that we all have a role to play in improving the wellbeing of our youngest Tasmanians.

‘It Takes a Tasmanian Village’ is our first comprehensive, long term and whole-of-government Child and Youth Wellbeing Strategy for 0-25 year olds. The Commissioner for Children and Young People’s report, *Investing in the Wellbeing of Tasmania’s Children and Young People*, recommended that the Tasmanian Government develop and implement a whole-of-government strategy to improve the wellbeing of Tasmanian children and young people, with a focus on the first 1,000 days (pregnancy to 2 years of age), and a structure based around the six domains of wellbeing described in the existing *Tasmanian Child and Youth Wellbeing Framework*.

To inform the development of the Strategy an extensive consultation process was undertaken where Tasmanians were encouraged to provide feedback via digital, paper based and face to face channels. This included the creation of an interactive website, a ‘Postcards to the Premier’ project, a survey and submissions to a Discussion Paper. Face to face discussions were also undertaken with children, young people and their families across all regions of Tasmania through our consultation partners – the Commissioner for Children and Young People, the Youth Network of Tasmania, the Mental Health Council of Tasmania, and Playgroup Tasmania.

On 30 June 2021, the consultation report *Your Voice, Your Views, Your Say* was released, summarising over 3,500 responses received to the consultation. This included 816 postcards to the Premier<sup>1</sup>, 130 Get Creative responses, 173 completed surveys and more than 50 face to face consultations with children, young people and their families.

Some of the key themes that arose from the consultation process included:

- Better access to health care and mental health services.
- More support for families.
- Safe places for children to play, learn and grow.
- Addressing bullying and family violence.

<sup>1</sup> 56 postcards were received after the public release of the consultation report taking the total number of postcards to the Premier to 872.



- Access to affordable and stable housing.
- Flexible education options responsive to individual needs.
- Education that assists in getting young people work ready and aligns with available jobs.
- Addressing environmental issues such as climate change, pollution and plastic waste.

The findings from the consultation, along with Government priorities have culminated in the formation of this Strategy and the first four year Action Plan. Action plans will continue to be developed every four years for the life of the Strategy.

The Strategy is divided into the following sections:

- Section 1 - Vision
- Section 2 - Principles That Guide our Work
- Section 3 - Domains of the Child and Youth Wellbeing Strategy
- Section 4 - Our First Four Year Action Plan - Focus Areas and Actions
- Section 5 - Our First Four Year Action Plan - Strategic Policy Actions
- Section 6 - How We Know We Are Making a Difference - Measurement and Evaluation
- Section 7 - Governance
- Section 8 - Reporting
- Conclusion
- Appendices:
  - Four Year Action Plan 2021-2025
  - Potential Indicators for Outcome Framework
  - Some Current Tasmanian Wellbeing Initiatives by Domain

We commit to reporting annually on the Government's progress to support child and youth wellbeing through the implementation of the actions in the four year Action Plan. We will continue that work in future Action Plans. And, knowing that it takes a village we have identified a set of eight strategic policy actions (section 5) which will

help support the creation of the child and youth wellbeing 'village'. These actions include the development of cross-agency and cross-sectoral collaboration and integration to support child and youth wellbeing outcomes.

Accountability for the delivery of the Strategy and implementation of the actions within the Strategy will be monitored through:

- Annual Reporting of Activities within the four year Action Plan.
- An Annual Statement on how the *principles* have guided our decision making about the policies, programs and initiatives under the Strategy.
- Annual Reporting on Wellbeing Outcome Measures.

Our first Action Plan incorporates actions that address issues that Tasmanians have told us are important to them. By listening to the community, including children and young people, we have developed actions that are relevant to, and build on, the great work that is already being undertaken in our communities. By working together to deliver this Strategy we can have a real and ongoing positive impact on the lives of young Tasmanians.

Everyone has a role to play in improving the wellbeing outcomes for Tasmanian children and young people, especially parents, families and caregivers.

Questions about this Strategy can be directed to [hello@wellbeingtas.gov.au](mailto:hello@wellbeingtas.gov.au).





# 1. Vision

The vision for the Strategy reflects the long-term aspiration for Tasmanian children and young people.

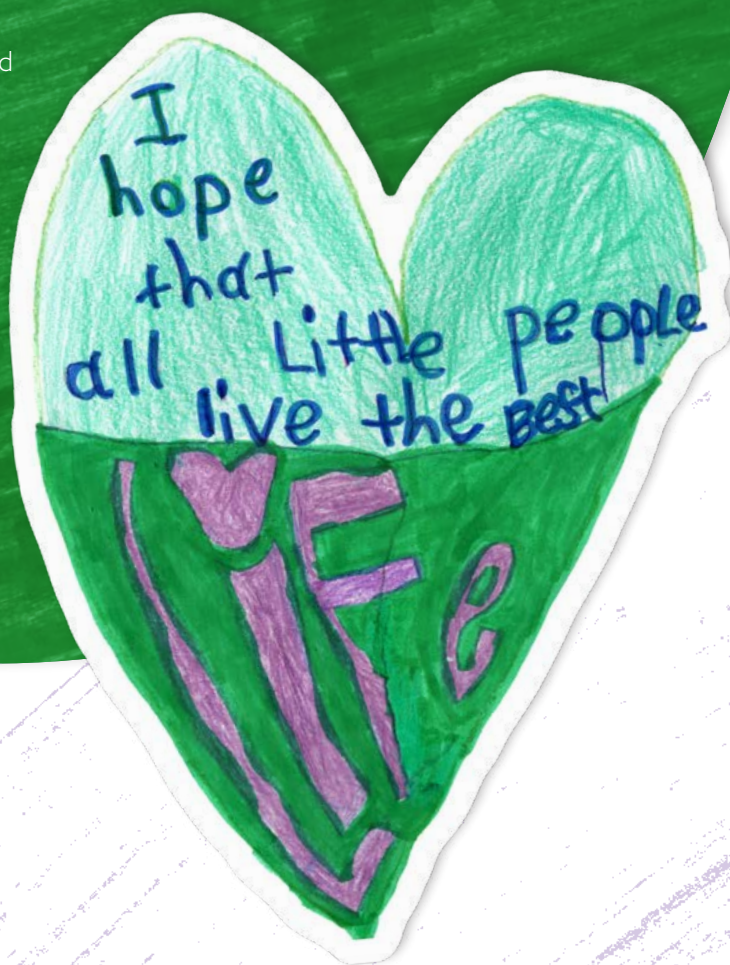
Every government agency, organisation or person working with children and young people can aspire to achieve this vision through their work and interactions with children and young people.

The vision is inspired by the feedback we have received from children and young people across Tasmania. We looked at their words and pictures and found that children and young people were telling us some common things. They want to have:

- a sense of belonging for themselves and for others;
- places where they feel safe;
- people who provide them with love and security;
- the confidence and opportunity to have a voice; and
- the environment protected and to know that everyone contributes to achieving that end.

Through this feedback the children and young people have contributed to our vision:

**Children and young People in Tasmania have what they need to grow and thrive.**








## 2. Principles that guide our work

We have heard through our consultation that interagency and intersectoral collaboration, within an ecological model of wellbeing, is integral in improving the wellbeing of children and young people.

Tasmanian children and young people have told us the range of things that are important for their wellbeing. These should be a major influence on the way we work in implementing the initiatives in this Strategy.

Major themes that we heard include:

Examples of what we heard	This tells us....
<p>1 It starts in the home with the parents/caregivers. The child learns most from these people as they spend most of their time with them...What babies need is a stable home, a home with enough income to provide good basics and keep the wolves from the door, a roof over their head that isn't going to be sold anytime soon, rich sensory environments that stimulate them ...strong and positive influences around them and parents who want to kiss, cuddle and play with them... aged 30</p>	<p>The wellbeing of children is interwoven with their parents, families and caregivers who need the right kind of support to provide a nurturing environment for their children.</p> 
<p>2 I want to know a bit about my culture since I am Aboriginal. Learning about my culture. I think that I might need to see my sisters... aged 8</p>	<p>Tasmanian Aboriginal children and young people's wellbeing is 'connected to community and country'.</p> 
<p>3 More support for families. It takes a village and we've lost ours... aged 22</p>	<p>The wellbeing of children and young people is influenced by relationships within the settings of the family, the community, wider society and the environment.</p> 

Examples of what we heard	This tells us.....
<p>4 ALL CHILDREN MUST BE HEARD! Thank you... aged 10</p> <p>Often children are not given a say in whether they feel comfortable leaving a safe foster home...aged 18</p>	<p>Children's participation in decisions that affect them is important to their wellbeing.</p> 
<p>5 I'd also like more opportunities in the workplace for teenagers, especially for 14 and 9 month old kids. I think most jobs are for 15 year olds so it would be nice to be able to find a job... aged 15</p> <p>I want kids to participate in all subjects because they should participate in every subject, so they grow as smart people and make it easier for them to get a job when they grow up... aged 12</p> <p>For young children to be able to learn new skills in sport and in life... aged 14</p>	<p>Young people seek a variety of training and employment opportunities.</p> 
<p>6 I also hope that every Australian will learn to respect and show human decency to others no matter background, age, gender identity, religion, sexuality etc... aged 16</p> <p>Dear Mr Gutwein. I hope we do everything we can to help kids in poor countries get an education. I dream that no one grows up thinking people should be treated differently because of the colour of their skin... aged 10</p>	<p>Children and young people value equity, diversity and inclusion.</p> 
<p>7 I hope that builders can make more houses so that homeless people can have a home like us... aged 9</p> <p>Socialism, climate action so that young people have a world to live in, more mental health facilities, affordable housing, free education... aged 21</p> <p>Nana to live in tassie again, so she needs a house... aged 5</p>	<p>Children and young people of all ages feel the effects of economic and environmental issues, as much as adults do.</p> 



Examples of what we heard	This tells us.....
<p><b>8</b> To have more outside of school activities or clubs to do things like art or language learning. I'd like to learn a language (Japanese) with someone rather than just self-learning, but haven't been able to find something offline... aged 15</p> <p>A better skate park with more ramps and rails and more boxes and bowls and just more space around the skate park... aged 13</p>	<p>Children and young people want a range of recreational and social activities in areas where they live.</p> 
<p><b>9</b> For bullying to stop, no online bullying, no violence. I would love for every child to have a roof above their head and to feel safe and comfortable... aged 10</p> <p>Activities held in safe places more often... aged 19</p> <p>For children to have more safe and happy lives. For children to be protected against sexual abuse and online bullying, cyber bullying or not but please make it stop... aged 9</p>	<p>Children and young people want safe places and protection from violence in all forms.</p> 
<p><b>10</b> Healthy school lunches for children who need them... aged 7</p> <p>To get more help within the disability and autism community. While there is help out there currently I still witness misunderstandings and lack of proper diagnoses with my friends... aged 25</p> <p>We need to give more importance to mental health in school because it's such a big topic... aged 15</p>	<p>Children and young people are concerned for their own, and their friends', physical and mental health.</p> 

Considering what children and young people told us, we have developed 10 principles to guide the way children and young people want us to work, develop and implement the Strategy. In this way, the actions of the Strategy outline what we will do, whereas the principles outline how we will do it. The principles are also informed by the *Convention on the Rights of the Child* and current legislative settings relating to children.

All Ministers and Heads of Agencies have committed to these principles.

## IT TAKES A TASMANIAN VILLAGE PRINCIPLES

These principles will guide our decision making about the policies, programs and initiatives under the Child and Youth Wellbeing Strategy and we will report annually on how they have impacted our work.

We commit to:

1. Acknowledging that the family and extended family of the child has the primary responsibility for the care, upbringing and development of their child/children and to provide them with information to access available services which will assist in providing a nurturing environment for their children.
2. Providing opportunities for Tasmanian Aboriginal children and young people to connect to community and country and working in partnership with Tasmanian Aboriginal people to ensure life outcomes for Tasmanian Aboriginal children and young people are equal to all Tasmanian children and youth.
3. Understanding the varying relationships that influence each child and young person we work with.
4. Providing the opportunity for, and supporting, children and young people to have a voice in decisions that affect them.
5. Providing a range of education and training opportunities to ensure children and young people can participate in life-long learning and employment.
6. Recognising the individuality of children and young people and treating them without discrimination and with respect.
7. Providing children and young people opportunities to explore topics that interest them in a manner that supports learning and reduces anxiety.
8. Providing a range of recreational and social opportunities for children and young people in the areas in which they live.
9. Fulfilling our preventative and statutory responsibilities against all forms of violence against children and young people.
10. Supporting positive mental and physical health outcomes for children and young people in a way that aligns with the Government's *Tasmania Statement on Working Together for the Health and Wellbeing of all Tasmanians*.





### 3. Domains of the Child and Youth Wellbeing Strategy



**The *Discussion Paper* for Tasmania's Child and Youth Wellbeing Strategy, January 2021, outlined our intent to design this Strategy using the *Child and Youth Wellbeing Framework* (the Framework) and the reasons for that.**

The domains and descriptors of the Framework were inspired by the Australian Research Alliance for Children and Youth's 'The Nest', and informed through consultation with young people and with the organisations involved in the development of the Framework.

The Framework was created as a living document. The intent is that the domains and descriptors may change based on what children and young people say is important to their wellbeing and through the experience of users. In particular, through our consultation process, children and young people told us how caring for the environment

is particularly important to them. The descriptors in the Framework do not reflect that importance. The Australian Research Alliance for Children and Youth has also reviewed its descriptors and has suggested several changes to our descriptors in the Framework<sup>2</sup>.

We considered it important to reflect some changes to the Framework immediately due to the strength of our feedback in particular areas and based on the recent Australian Research Alliance for Children and Youth work. As a Strategic Policy Action (see Section 5) we also commit to continuing the improvement of our descriptors based on the voice of children and young people and on the experience of the people we work with.

The changes made to update the domains and descriptors are highlighted in bold italics below and the new Framework descriptors are reflected in this Strategy.

<sup>2</sup> Australian Research Alliance for Children and Youth, 2021, What's in the Nest: Exploring Australia's Wellbeing Framework for Children and Young People, Canberra.



## Being loved, safe *and* valued

Being loved, safe and **valued** means that children and young people:



have a safe, stable and supportive home environment



have positive, trusted relationships with other people



feel safe, secure and protected at home, in the community **and online**



feel valued and respected **by teachers and other adults in their life and know that they are important to others**



have a voice and the ability to raise concerns and have these concerns addressed



**feel safe about their future, the environment and climate**



## Having material basics

Having material basics means that children and young people:



have access to **suitable, secure** stable housing **with adequate heating and cooling**



have access to appropriate clothing and footwear



have access to nutritious food and clean water



**have access to transport, required local services** and materials to support participation in activities



have access to education and training materials



**have access to the outdoors and green space**



## Being healthy

Being healthy means that children and young people:



are mentally and physically healthy



**are health literate and** have access to appropriate health and care service



are emotionally well, happy and supported



are immunised



are as physically active as they can be



**are supported to engage in regular outdoor activities and nature-based play**





## Learning

Learning means children and young people:



are attending and engaging in education, training or employment



are supported to learn by their caregiver and education providers



are participating in early childhood education



**have their individual learning needs addressed to allow them to realise their learning potential**



are developing literacy and numeracy skills appropriate to age



**are supported to learn about their world through connection to nature and the outdoors**

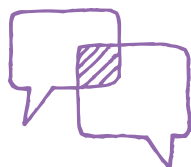


## Participating

Participating means children and young people:



are engaging with peers and community groups



are an active participant in their own life; including being able to have a say and have their opinion heard and valued



are taking part in organised activities, including sport



have access to and use technology and social media



**can share experiences in nature and express their environmental views**



## Having a positive sense of culture and identity

Having a positive sense of culture and identity means children and young people:



can find out about family and personal history and are supported to connect positively with their culture



have a positive sense of self-identity and self-esteem



feel like they belong



are in touch with cultural or spiritual practices and have these practices valued and respected



**can connect to nature and are supported to identify their core values about the environment as part of their culture and identity**



# LET THE EARTH BREATHE.

By Sadie-May 12 y – 17.3.2021



To be true to the many voices we heard about the importance of the environment and climate change to child and youth wellbeing, we have created a new descriptor and an icon that is the same across all domains to indicate that environmental concerns are cross cutting and important to all domains of the *Tasmanian Child and Youth Wellbeing Framework*. Our icon is inspired by the submission from 12 year old Sadie-May who summed up the sentiments of many Tasmanian children and young people with “Let the Earth Breathe – let it heal and let it live to sustain the generations after ours”.



## 4. Our First Four Year Action Plan

### Focus Areas and Actions

**This Section discusses actions and focus areas for the next four years across the six wellbeing domains, covering the years 2021 to 2025.**

**The Strategy is dynamic and will continue to evolve. There will be a series of Action Plans over its lifetime, with focus areas likely to change over time to reflect the views of children and young people, new priorities and new work.**

As discussed in Section 3, the six wellbeing domains from the *Tasmanian Child and Youth Wellbeing Framework* form the structure for this Strategy and the first Action Plan. The six domains of wellbeing are highly interconnected and dependent on each other, and therefore actions in one domain will have positive impacts in other domains.

For the purposes of this Strategy, however, the actions have been placed in a single wellbeing domain based on 'best fit'.

The priority actions of the Government during the next four years will be related to supporting parents and carers and improving the lives of children during the first 1,000 days. These actions have been collated together at the start of this section so that they can be viewed together, and they are also repeated under the relevant wellbeing domain.

There are 57 actions in this section and 8 strategic policy actions outlined in Section 5. Together these 65 actions form the first four year Action Plan. The full set of actions is available in Appendix One, which provides further detail and timelines for implementation.

The Tasmanian Government also partners with the Australian Government to deliver a number of programs that are not featured in the following section, but are supported by funding from the Australian Government, including for example the *Tasmanian Eating Disorder Service Program*; *National School Chaplaincy Program*; and *Universal Access to Early Childhood Education*.

The first Action Plan has been informed by the findings from our extensive consultation process with children, young people, families, parents, carers, advocates and service providers; alongside consideration of Government priorities for the next four years.

# First 1,000 Days

## WHAT DOES THIS MEAN?

The first 1,000 days refers to the period from conception until the end of a child's second year. There is a wealth of evidence that shows interventions and support for families and their children during this critical time can have long term positive impacts on a child's health and wellbeing outcomes.



## WHAT ARE WE ALREADY DOING?

The Tasmanian Government is already undertaking a number of activities related to the first 1,000 days and further detail is provided in Appendix Three. This activity is across the Departments of Health, Education and Communities Tasmania and includes:

- Health – Tasmanian Health Services Child Health and Parenting Service, Parenting Programs, Tasmanian Health Services Oral Health Services Tasmania – Lift the Lip and Healthy Smiles for Two Programs.
- Education – B4 Early Years Coalition, Child and Family Learning Centres.
- Communities Tasmania – Vulnerable Unborn Babies and Infants Strategy, implementing the recommendations from the Expert Panel on the therapeutic elements required for an improved service system response for Tasmanian children and young people with highly complex needs.

*"More postnatal support for parents who may already be at risk of experiencing mental health or social difficulties (eg housing). Keep and expand the CHAPS service and child and family centres"*

(aged 24)



## WHAT DID TASMANIANS SAY ABOUT THE FIRST 1,000 DAYS?

- There needs to be more services and supports for new parents, eg parenting supports.
- Parents and carers would like to have increased access to information and resources on parenting strategies.
- Families would like more community supports, including better access to services at service hubs/centres.

## GOVERNMENT FOCUS AREAS AND KEY ACTIONS

The first 1,000 days will be a key focus of the Tasmanian Government during the first four years of the Strategy. Early positive life experiences, a loving and safe environment and responsive parenting can all have a positive and protective effect on a child's development. The following actions for the first 1,000 days have been collated by each domain and focus area.

### Loved, Valued and Safe

*Support parents and carers during the first 1,000 days*

This will be achieved through:

- *Bringing Baby Home* which will provide pre-birth and residential post birth support for parents with babies at imminent risk of being placed in care;
- a *Child Health and Parenting Service Sustained Nurse Home Visiting Program* for families with complex needs;
- access to parent groups and volunteer supported playgroups for vulnerable parents;
- scoping, and delivery of, a parenting program;
- a staged outreach model for Child and Family Learning Centres; and
- support for expecting and parenting teenagers including mentoring, information and support in accessing services.

### Material Basics

*Provide items and information relevant to developmental stages*

This will be achieved through:

- *Little Tasmanian* – baby packs for each newborn.

*"Educate parents, caregivers and the community on the importance of providing children with a loving and safe environment and the potential impacts it is likely to have on children throughout their lifetime"*

(aged 22)



### Healthy

*Enhance access to health and wellbeing services*

This will be achieved through:

- *Kids Care Clinics* which will provide vulnerable children with access to a multidisciplinary statewide community paediatric service;
- Free access to speech pathologists, psychologists and social workers in every Child and Family Centre.

### Learning

*Educate parents and carers about the importance of the first 1,000 days*

This will be achieved through:

- provision of knowledge about effective caregiving in the first 1,000 days through *The Basics* program.

### Culture and Identity

*Assist children and their families to connect with services within their community*

This will be achieved through:

- extension of *Connected Beginnings* which will bring services together for more Aboriginal families.



# Children and Young People are Loved, Safe and Valued

## WHAT DOES THIS MEAN?

- they have a safe, stable and supportive home environment
- they have positive, trusted relationships with other people
- they feel safe, secure and protected at home, in the community and online
- they have a voice and the ability to raise concerns and have these concerns addressed
- they feel valued and respected by teachers and other adults in their life and know that they are important to others
- they feel safe about their future, the environment and climate



## WHAT ARE WE ALREADY DOING?

The Tasmanian Government is already undertaking a number of activities related to Being Loved, Safe and Valued as outlined in Appendix Three. This activity is across the Departments of Health, Education and Communities Tasmania and includes:

- Health – Tasmanian Health Services Child Health and Parenting Service; Parenting Programs; Tasmanian Health Services Antenatal Complex Care Clinics.
- Education – B4 Early Years Coalition; Child and Family Learning Centres; Student Wellbeing Teams; Respectful Relationships Education; Combatting Bullying Initiative; Cyber Safety in Schools.
- Communities Tasmania – Child Safety Services; Vulnerable Unborn Babies and Infants Strategy; Safe Homes, Families and Communities Action Plan for Family and Sexual Violence; Family Violence Counselling and Support Services; Strong Families Safe Kids Advice and Referral Line, Integrated Family Support and Intensive Family Engagement Services; Youth Support Programs; Youth Justice Services, Youth Justice Blueprint.



## WHAT DID TASMANIANS SAY ABOUT BEING LOVED, SAFE AND VALUED?

- Children and young people should have a safe, happy and loving home.
- Communities are important.
- Stop bullying and family violence.
- Children and young people should feel safe, secure, and protected within their families, communities and school environments.
- There needs to be more support for families.
- Children's sense of safety is connected to their concerns about the climate and the safety of the planet.

## GOVERNMENT FOCUS AREAS AND KEY ACTIONS

The Tasmanian government is committed to ensuring children and young people are able to grow up in safe, loving homes and communities. Over the next four years we will work to achieve this through the following focus areas and associated actions. Further detail on each action can be found in Appendix One.

### Support parents and carers during the first 1,000 days

This will be achieved through:

- *Bringing Baby Home* which will provide pre-birth and residential post birth support for parents with babies at imminent risk of being placed in care;
- a *Child Health and Parenting Service Sustained Nurse Home Visiting Program* for families with complex needs;
- access to parent groups and volunteer supported playgroups for vulnerable parents;
- scoping, and delivery of, a parenting program;
- a staged outreach model for Child and Family Learning Centres and
- support for expecting and parenting teenagers including mentoring, information and support in accessing services.

### Improve the system for children in care

This will be achieved through:

- permanent placement and preservation of placements for children in care;
- extra support for kinship carers;
- *Sure Start*, which will provide priority access to services for children and young people in care, including access to a Learning Wellbeing Fund and a framework to improve co-ordination across government services; and
- a review of the *Children, Young Persons and their Families, 1997* legislation.

### Combat bullying

This will be achieved through:

- consistent responses to bullying in schools; and
- making school toilet blocks safer.

### Reduce reoffending and support rehabilitation

This will be achieved through:

- a *Just in Time* Prison Parenting Program; and
- increased access to legal representation for young people after hours.

**"Provide supports, lifelines, and contacts so that young people always feel they have someone or somewhere they can turn to in tough times"**

(aged 21)





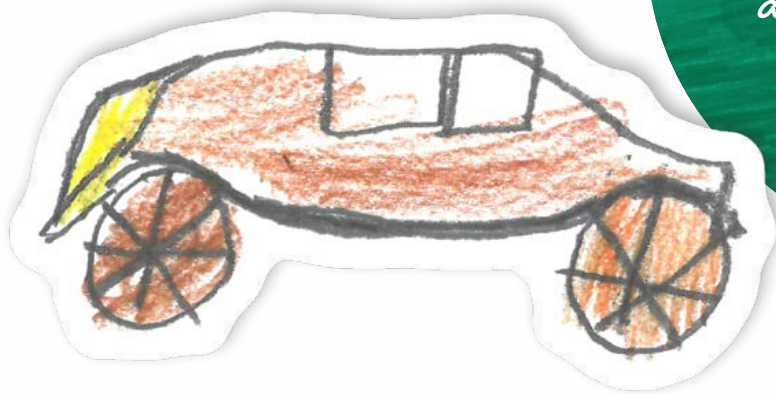
## Children and young People have Material Basics

### WHAT DOES THIS MEAN?

- they have access to suitable, secure, stable housing with adequate heating and cooling
- they have access to appropriate clothing and footwear
- they have access to nutritious food and clean water
- they have access to transport, required local services and materials to support participation in activities
- they have access to education and training materials
- they have access to the outdoors and green spaces

"Providing a system for children with families that are struggling would greatly help with school materials, appropriate clothing and shoes etc"

(aged 19)







## WHAT ARE WE ALREADY DOING?

The Tasmanian Government is already undertaking a number of activities related to having Material Basics as outlined in Appendix Three. This activity is across the Departments of Health, Education and Communities Tasmania and includes:

- Health – Tasmanian Health Service Child, Health and Parenting Service; Parenting Programs.
- Education – Student Assistance Scheme; School Gardens; School Breakfast Programs.
- Communities Tasmania – Affordable Housing Strategy; Under 16 Homelessness Working Group; Supported Accommodation Programs for Young Parents.

## WHAT DID TASMANIANS SAY ABOUT HAVING MATERIAL BASICS?

- It is important that they can pay for and access the things they need.
- There needs to be more affordable and secure housing and assistance for homelessness.
- Children want healthy food.

## GOVERNMENT FOCUS AREAS AND KEY ACTIONS

It is important that children and young people have access to the things they need such as housing, food, clothing, transport and education materials. We will work to remove the barriers to accessing these basic items through the actions listed across each of the following focus areas. Further detail on each action can be found in Appendix One.

### Provide stable housing and supports for homeless youth

This will be achieved through:

- provision of family-like residential care for young people under 16 who are unable to live at home through the *Lighthouse Project*;
- *Youth Wellbeing Officers* who will provide community youth support and advice;
- housing for youth transitioning from statutory services or shelters including *Youth Coaches* to support these transitions; and
- identification of properties suitable for conversion to share housing for young people.

### Provide children with access to healthy and nutritious food

This will be achieved through:

- expansion of the *School Lunch Pilot* to an additional 30 schools;
- regional co-ordinators to support schools to develop healthy food plans;
- a grant program to provide kitchen equipment for schools; and
- funding to emergency food relief organisations to support the school lunch program.

### Improve internet access for students in regional areas

This will be achieved through:

- high speed optical internet for regional schools.

### Provide items and information relevant to developmental stages

This will be achieved through:

- *Little Tasmanian* – baby packs for each newborn; and
- free sanitary items for all government schools for students in need.



# Children and Young People are Healthy

## WHAT DOES THIS MEAN?

- they are mentally and physically healthy
- they are health literate and have access to appropriate health and care services
- they are emotionally well, happy and supported
- they are immunised
- they are as physically active as they can be
- they are supported to engage in regular outdoor activities and nature-based play

"Providing easily accessible healthcare and mental health services, providing services to allow low income families to have the necessities for young children and their growth"

(aged 19)





## WHAT ARE WE ALREADY DOING?

The Tasmanian Government is already undertaking a number of activities related to Being Healthy as outlined in Appendix Three. This activity is across the Departments of Health and Education and Communities Tasmania and includes:

- Health – Tasmanian Health Services: Child and Adolescent Mental Health Services, Youth Health Service, Oral Health Services, Allied Health Services, Paediatric Medical and Surgical Services, Specialist Services for health conditions (ie. Cystic Fibrosis, Allergies, Asthma), Tasmanian Paediatric Rehabilitation Services, Hearts Outpatient Clinic; Breastfeeding Coalition Tasmania; Universal Newborn Hearing Screening; Alcohol and other Drug Services, Move Well Eat Well Program for schools and early childhood settings; implementing the Healthy Tasmania Strategy; Butterfly Foundation Peer Workers Partnership related to eating disorders.
- Education – School Health Nurses.
- Communities Tasmania – Tasmanian Autism Spectrum Diagnostic Assessment Service.

## WHAT DID TASMANIANS SAY ABOUT BEING HEALTHY?

- They would like to have increased access to affordable health care services, especially in regional areas.
- There needs to be increased and improved mental health supports.

## GOVERNMENT FOCUS AREAS AND KEY ACTIONS

Being healthy incorporates physical, mental, emotional and developmental health. The Tasmanian Government wants all children and young people to be as healthy as possible. In addition to the \$45.2 million announced in March 2021

to fully fund our fundamental shift in the delivery of Child and Adolescent Mental Health Services, we will also deliver the actions listed across the following focus areas. Further detail on each action can be found in Appendix One.

### Support health prevention and early intervention

This will be achieved through:

- employment of additional School Nurses;
- redevelopment and implementation of the Smoke Free Young People Strategy and implementation of a *Youth Smoking Prevention Package*; and
- expansion of the *24 Carrot Kitchen Garden Program*.

### Enhance education, awareness and support for mental health

This will be achieved through:

- an update of Tasmania's Youth Suicide Prevention Strategy;
- youth mental health training for all school nurses;
- a *Youth Peer Worker Model* to support young people experiencing mental health challenges; and
- extension of the *Speak Up Stay Chatty Program*.

### Enhance access to health and wellbeing services

This will be achieved through:

- *Kids Care Clinics* which will provide vulnerable children with access to a multidisciplinary statewide community paediatric health services;
- Free access to speech pathologists, psychologists and social workers in every Child and Family Centre;
- a Children's Cancer Clinical Trials Unit; and
- additional assessors for the Autism Spectrum Disorder Service.





# Children and Young People are Learning

## WHAT DOES THIS MEAN?

- they are attending and engaging in education, training or employment
- they are supported to learn by their caregiver and education providers
- they are participating in early childhood education
- they have their individual learning needs addressed to allow them to realise their learning potential
- they are developing literacy and numeracy skills appropriate for their age
- they are supported to learn about their world through connection to nature and the outdoors

## WHAT ARE WE ALREADY DOING?

The Tasmanian Government is already undertaking a number of activities related to Learning as outlined in Appendix Three. This activity is across the Departments of Health and Education and includes:

- Health – Implementation of the Health Literacy Action Plan (2019-2024); funding for Families Tasmania for the Family Food Patch Community Educator Program.
- Education – Extension of Schools to Year 12; School Based Traineeships; Child and Family Learning Centres; Launching into Learning; Learning in Families Together; Working Together for 3 Year Olds; Student Wellbeing Survey.

## WHAT DID TASMANIANS SAY ABOUT LEARNING?

- Children and young people want the education system to support the way they learn.

- The education system could be more responsive and flexible to individual student needs.
- Young people want to learn the right skills and knowledge to gain the jobs they want and seek meaningful and fulfilling employment opportunities.
- Children and young people who have additional learning needs require increased resources and supports.

## GOVERNMENT FOCUS AREAS AND KEY ACTIONS

Learning is lifelong and means different things depending on the developmental stage of a child or young person. The Tasmanian Government aims to provide ways to assist all children and young people to learn and provide them with the support they need when they need it. We will work to achieve this over the next four years through the actions listed under each of the following focus areas. Further detail on each action can be found in Appendix One.





**"Teach more life skills in school. Make schools more accessible to those living further out. Set up more resources so people can figure out the best way to home school when necessary"**

(aged 21)



### **Support school leavers to transition to further education, training or employment**

This will be achieved through:

- provision of targeted support to school leavers through the *Youth Navigators Program*;
- a *Youth Connectors Pilot*, which will work out of existing jobs hubs and focus on assisting young job seekers;
- young people in Devonport will be provided with individual support and case management for long term employment, education or training through the *Fit for Work* project; and
- a *Girls in Property* pilot to raise awareness of career pathways in non-traditional industries.

### **Educate parents and caregivers about the importance of the first 1,000 days**

This will be achieved through:

- provision of knowledge about effective caregiving in the first 1,000 days through *The Basics* program.

### **Support teachers to meet the needs of students impacted by trauma**

This will be achieved through:

- professional development for teachers and teacher aides in trauma informed practice.

### **Review and implement evidence based literacy programs and supports**

This will be achieved through:

- a *Literacy Advisory Panel* to review community literacy-based approaches and supports; and
- additional literacy coaches in schools to support teachers.

### **Provide individual support for students when and where they need it**

This will be achieved through:

- additional support for individual students impacted by trauma across Tasmanian Government schools.



# Children and young People are Participating

## WHAT DOES THIS MEAN?

- they are engaging with peers and community groups
- they are an active participant in their own life; including being able to have a say and have their opinion heard and valued
- they are taking part in organised activities, including sport
- they have access to and use technology and social media
- they can share experiences in nature and express their environmental views



“Letting children know that their input is valued and important will be encouraging and will work wonders for their confidence and ability to participate with their peers and teachers”

(aged 19)





## WHAT ARE WE ALREADY DOING?

The Tasmanian Government is already undertaking a number of activities related to Participating as outlined in Appendix Three. This activity is across the Departments of Premier and Cabinet, Communities Tasmania, State Growth and Primary Industries, Water and Environment and includes:

- Premier and Cabinet – Premier's Youth Advisory Council; Tasmanian State Service Graduate Program.
- Communities Tasmania – Child Advocate; Ticket to Play Vouchers; Tasmanian Disability Framework; LGBTIQ+ Grant Program, Community Participation and Appeals Fund (includes the Young Achiever Awards); Improving the Playing Field grants to upgrade sporting facilities and a number of individual funding commitments for local skate parks, playgrounds and mountain bike trails.
- State Growth – Job Trainer; Payroll Tax Concessions for apprentices and trainees and Regional Employment Hubs.
- Primary Industries, Water and Environment – Discovery Rangers in National Parks.

## WHAT DID TASMANIANS SAY ABOUT PARTICIPATING?

- Children and young people want more things to do and places to do them.
- Children and young people want to participate in organised recreational activities.
- Children and young people want to be listened to and their concerns acted upon, including their concerns about the environment.

## GOVERNMENT FOCUS AREAS AND KEY ACTIONS

Participation is about being involved in activities and having your input respected and valued. The Tasmanian Government encourages children and young people to participate and remove barriers to participation. This will be achieved through the actions listed under each of the focus areas below. Further detail on each of the actions can be found in Appendix One.

### Enhance participation of children and young people in their community

This will be achieved through:

- a *Youth Volunteer Army* to encourage a generation of life-long volunteers;
- continuation of the *Young Leaders of Tasmania Program* where students mentor young people with a disability; and
- *Youth Week* activities that will raise awareness of youth programs and enhance participation.

### Assist children and young people to participate in organised activities

This will be achieved through:

- continuation of the *Double the Ticket to Play Voucher* to assist families with the financial cost of organised sport;
- upgrades of parks and facilities in some local communities;
- programs that build resilience and skills of children and young people in their local communities through the Risdon Bike Collective; and
- the *Premier's Infrastructure Development Fund* which will help to meet requests from children during the strategy consultation for recreational facilities upgrades in local communities.

### Provide opportunities and support for children and young people to have a say on issues that affect them

This will be achieved through:

- a *Youth Climate Leadership Program* to inspire, educate and empower young leaders; and
- the Commissioner for Children and Young People's engagement activities which will include best practice opportunities for all Tasmanian children and young people to express their views, participate in decision making processes that affect their lives and have their voices heard, with a focus on children and young people who are not usually provided the opportunity to participate and be heard.



# Children and young People have a Positive Sense of Culture and Identity

## WHAT DOES THIS MEAN?

- they can find out about family and personal history and are supported to connect positively with their culture
- they have a positive sense of self-identity and self-esteem
- they feel like they belong
- they are in touch with their cultural or spiritual practices and have these practices valued and respected
- they can connect to nature and are supported to identify their core values about the environment as part of their culture and identity



"I want young LGBTQ+ people to be safe and free to live their life as who they are"

(aged 16)





## WHAT ARE WE ALREADY DOING?

The Tasmanian Government is already undertaking a number of activities related having a Positive Sense of Culture and Identity as outlined in Appendix Three. This activity is across the Departments of Health, Education and Communities and includes:

- Health – Aboriginal Liaison Officers and Multicultural Liaison Officers in major hospitals, Health LGBTIQ+ Reference Group, Improving Aboriginal Cultural Respect Across Tasmania's Health System Action Plan 2020-2026; Aboriginal Cultural Awareness and multicultural awareness training and resources in the health and community sector.
- Education – Aboriginal Sharers of Knowledge Program Aboriginal Educators in Schools; the Orb; Aboriginal Learning Facilitator and Senior Curator in museums; Aboriginal Family Safety workers in Child and Family Learning Centres.
- Communities Tasmania –Closing the Gap Tasmanian Implementation Plan 2021-2023, Reset Agenda; Aboriginal and Torres Strait Islander Child Placement Principle; Aboriginal Liaison Officers within the Strong Families Safe Kids Advice and Referral Service; LGBTIQ+ Whole-of-Government Framework; Tasmania's Multicultural Policy and Action Plan.

## WHAT DID TASMANIANS SAY ABOUT HAVING A POSITIVE SENSE OF CULTURE AND IDENTITY?

- Accept and value us for who we are so we can be ourselves.
- Building a sense of community is important.
- Children and young people want equal access to opportunities regardless of their background.
- Everyone needs to be accepting of and have respectful relationships with people from different cultures or different backgrounds to their own.
- Everyone should know about Aboriginal history and culture.

## GOVERNMENT FOCUS AREAS AND KEY ACTIONS

Culture and identity helps us to have a sense of who we are, where we come from and how we fit into society. The Government will assist children and young people to have a positive sense of their culture and identity. This will be achieved over the next four years through the actions listed under the following focus areas. Further detail on each of the actions can be found in Appendix One.

### Provide opportunities for young people to connect with their culture

This will be achieved through:

- develop a business case for the establishment of therapeutic programs that have capacity to enable cultural connection.

### Assist children and their families to connect with services within their community

This will be achieved through:

- extension of *Connected Beginnings* which will bring services together for more Aboriginal families.

### Build long lasting change, positive practices and supports for LGBTIQ+ students

This will be achieved through:

- Working it Out: Valuing Diversity in Schools which will see funding to increase existing support within schools for LGBTIQ+ students and build capacity for lasting change through activities such as professional learning, policy support, student diversity groups and embedding positive practices at all levels of the school.

### Ensure the cultural needs of clients are respected and valued within Government Services

This will be achieved through:

- *Aboriginal Family Group Conference Facilitators* to oversee conferences for Aboriginal children in out of home care; and
- an Aboriginal led case management model for children in care.

# 5. Our First Four Year Action Plan

## Strategic Policy Actions

Section 4 outlined a significant program of work for our first four year Action Plan. This work will commence immediately and is staged over the next four years. We also received several other suggestions through our consultation which require a longer process of research and consultation. This work is outlined in this section.



### WORKING TO IMPROVE OUTCOMES OVER THE NEXT FOUR YEARS

We heard several suggestions made during the consultation process for system improvement. Taking into consideration work already underway and opportunities to maximise existing effort, as well as the prevalence of the issue as a consultation theme, the following will be picked up as priorities for work over the next four years:

1. Improving our focus on the first 1,000 days.
2. Developing a Child and Youth Wellbeing Information Strategy.
3. Improving cross-agency and cross-sectoral collaboration and integration.
4. Supporting the transition stages of life for young people.
5. Supporting children and young people at risk.
6. Improving understanding of the range of services available to children and young people.
7. Continuing to improve the domain descriptors to reflect what is important to children and young people.
8. Evaluating our progress.

Each of these areas has been developed into a Strategic Policy Action and will be progressed by the Tasmanian Government Wellbeing Coordination Team over the life of the first four year Action Plan.



## PRIORITY 1: IMPROVING OUR FOCUS ON THE FIRST 1,000 DAYS

### What Tasmanians said about the importance of the first 1,000 days

Many submissions identified the importance of the first 1,000 days (from 0-2 years) and provided suggestions for a range of initiatives and programs that could be beneficial in the first 1,000 days.

*"The first 1,000 days are a precious opportunity to give all children the best start in life and lay the foundations for healthy, happy and prosperous lives."*

Commissioner for Children  
and Young People

### What the evidence tells us

There is a wealth of research and increasing evidence outlining the importance of the first 1,000 days for child and youth wellbeing and later life outcomes<sup>3</sup>.

Scientific research tells us that the social and environmental conditions in which families are conceiving and raising children in the first 1,000 days have a direct impact on child development. Experiences in the first 1,000 days influence physical and neural development and provide the building blocks for physical and mental health and wellbeing throughout life.

### What we will do

We will implement the following initiatives to support parents to give children the best start to life for the first 1,000 days and beyond.

We also want to know we are making a difference.

#### **Strategic Policy Action 1**

We will work with the B4 Coalition to have a specific role in the actions in this Strategy related to the first 1,000 days. This will include:

- Focusing the role and membership of the B4 Coalition to ensure an expertise and skills mix for the broad nature of the wellbeing framework domains and associated first 1,000 days actions, as well as the early childhood education and care sector.
- Communicating the importance of the first 1,000 days.
- Providing advice on an outcomes and measurement framework for the first 1,000 days.
- Providing policy advice to government on the first 1,000 days actions in this Strategy and suggestions for future priorities.

<sup>3</sup> See for instance; [www.raisingchildren.net.au/guides/first-1000-days](http://www.raisingchildren.net.au/guides/first-1000-days); [www.first1000daysaustralia.com](http://www.first1000daysaustralia.com); [www.thousanddays.org](http://www.thousanddays.org).  
<https://www.rch.org.au/ccch/first-thousand-days/>

## PRIORITY 2: DEVELOPING A CHILD AND YOUTH WELLBEING INFORMATION STRATEGY

### What Tasmanians said about a Child and Youth Wellbeing Information Strategy

We received several suggestions about an Information Strategy, including:

- It should be linked to the Australian Research Alliance for Children and Youth Wellbeing Domains.
- There is the need for integrated data sets.
- There is the need to develop a set of shared wellbeing objectives and outcomes across the non-government, government and community sectors through consultation.
- Tasmanian Aboriginal people should lead the development of measures related to the wellbeing of Tasmanian Aboriginal children and young people.
- The Information Strategy and the data collected and analysed as part of the strategy should be made publicly available.

### What the evidence tells us

The Organisation for Economic Co-operation and Development identifies that measuring wellbeing calls for new and improved statistical measures, aimed at filling the gap between standard macroeconomic statistics that sometimes are used as proxies of people's welfare and indicators that have a more direct bearing on people's life<sup>4</sup>. This and other research on measuring wellbeing will guide the Information Strategy.

### What we will do

#### Strategic Policy Action 2

We will develop a Child and Youth Wellbeing Information Strategy which:

- Shares wellbeing objectives and outcomes and links data across government agencies.

- Extends existing, or creates new, wellbeing surveys and investigates the introduction of validated tools to assess wellbeing. Includes information about how people think and feel about wellbeing across the domains and beyond a learning context (including for example up to 25 years of age).
- Fosters community assets and networks for wellbeing – to understand what services or networks contribute to wellbeing and where barriers exist.
- Considers how we can move from a deficit reporting framework to an assets-based framework.
- Develops research partnerships, utilising specialised knowledge and expertise to help shape the wellbeing agenda over time.

The first concept trial of this long-term action may relate to the first 1,000 days. This Policy Action is further detailed in Section 6.

## PRIORITY 3: IMPROVING CROSS-AGENCY AND CROSS-SECTORAL COLLABORATION AND INTEGRATION

### What Tasmanians said about better cross-agency and cross-sectoral collaboration and integration

- A key part of the Strategy that needs to be enhanced is cross-sectoral and cross-agency collaboration to bring about positive change.
- Continuing to break down silos, and working to facilitate information sharing and collaboration amongst those working with vulnerable children and their families, should not be lost as we continue in the COVID world.

### What the evidence tells us

In the last few decades, there has been a tendency to favour devolution, disaggregation and specialisation in dealing with public problems<sup>5</sup>. The unintended result is that responsibility to address complex problems is fragmented among different policies, agencies, ministries and levels of government<sup>6</sup>. Complex policy problems are

4 Organisation for Economic Co-operation and Development, Measuring Well-being and Progress: Well-being Research, <https://a/www.oecd.org/statistics/measuring-well-being-and-progress.htm>, viewed 16 July 2021.

5 Cejudo, Guillermo M., Addressing fragmented government action: Coordination, coherence, and integration, Paper to be presented at the 2nd International Conference in Public Policy, Milan, July 2015, page 2, available at <https://www.ippapublicpolicy.org/file/paper/1434668940.pdf>

6 Ibid, with reference to Koschinsky and Swanstrom, 2001; Briassoulis, 2004; Christensen and Lægrend; 2007; Peters and Savoie, 1997; Organisation for Economic Co-operation and Development, 2005.



therefore only partly solved and clients (children, young people and families) have difficulty accessing the range of services they need.

From a purely economic perspective this can lead to an inefficient allocation of scarce resources which is detrimental from an individual and population perspective.

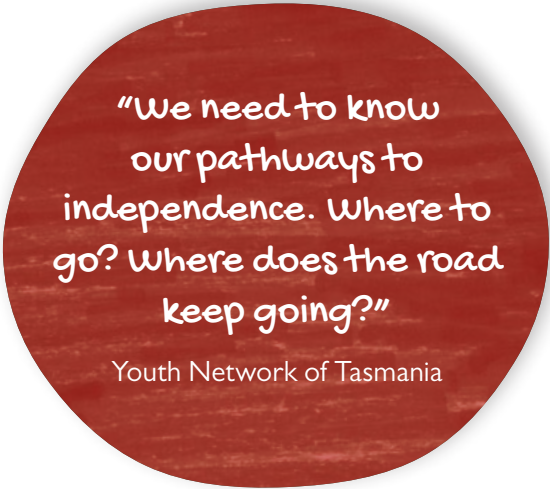
### What we will do

#### *Strategic Policy Action 3:*

We will continue to research and explore a range of mechanisms which will improve cross-agency and cross-sectoral collaboration, including the experience gained from other states, territories and countries' approaches to child and youth wellbeing.

## **PRIORITY 4: SUPPORTING THE TRANSITION STAGES OF LIFE FOR YOUNG PEOPLE**

### What Tasmanians said about transition stages for young people



**"We need to know  
our pathways to  
independence. Where to  
go? Where does the road  
keep going?"**

Youth Network of Tasmania

There is a need to explicitly acknowledge the core life transition stage for young people aged 18-25 years, integrating research, discussion and identification of current policies in place to address and support this group across the Strategy's domains.

Programs and policies need to be developed and designed to ensure that young people sustain their engagement in education, training and work as they move through these transition points.

### What the evidence tells us

The way in which young adults move from ages 18 to 25 has potentially important implications for health, wellbeing, and quality of life in later adulthood<sup>7</sup>. Most often, times of transition between two stages of life encourage continuity and reinforce developmental and behavioural patterns already established earlier in life<sup>8</sup>. However, transition periods can also function as turning points, providing opportunities for change from negative to more positive life pathways, but also the reverse, interrupting and disrupting healthy trajectories<sup>9</sup>.

We know that government already has a suite of programs in place that support lifetime education, such as the program to extend schooling to Years 11 and 12, which has run over several years, and employment support. However, there is opportunity to create a unifying strategy and to identify gaps.

### What we will do

#### *Strategic Policy Action 4:*

We will investigate the best form of a whole-of-government youth transitions approach for young people that:

- determines the appropriate age range: 12, 16 or 18 to 25;
- builds on the existing work of government;
- identifies learning and wellbeing domain priorities for each transition point in consultation with young people;
- specifies domain drivers and enablers;
- incorporates an advantage thinking approach which identifies young people's skills and aspirations, then supports them to make progress towards meaningful working lives that contribute to the economy; and
- complements the *Tasmanian Child and Youth Wellbeing Framework* and our Strategy.

7 Board on Children, Youth, and Families; Institute of Medicine; National Research Council. Improving the Health, Safety, and Well-Being of Young Adults: Workshop Summary. Washington (DC): National Academies Press (US); 2013 Sep 27. D, Background Paper: Pathways to Young Adulthood and Preventive Interventions Targeting Young Adults. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK202209/>.

8 Ibid.

9 Ibid:8

## PRIORITY 5: SUPPORTING CHILDREN AND YOUNG PEOPLE AT RISK

There were some suggestions for supporting children or young people at risk. These included to:

- raise the age of criminal responsibility to 14 and/or develop an appropriate trauma-informed and culturally safe early intervention model which would support children and their families and communities.

### What the evidence tells us

#### *Minimum age of criminal responsibility*

Both the Royal Commission into the Protection and Detention of Children in the Northern Territory<sup>10</sup> and the Royal Australasian College of Physicians<sup>11</sup> have recommended that Australia increase the age of criminal responsibility. In 2019, the UN Committee on the Rights of the Child recommended 14 years as the minimum age<sup>12</sup>.

The meeting of Attorneys-General cross-jurisdictional working group, on which the Tasmanian Government is represented, has been set up to look into the issue.

#### *Child sexual exploitation*

In late 2019 the Australian Federal Police and Tasmanian Police signed a Memorandum of Understanding which is a partnership for a Joint Anti Child Exploitation Team. The Joint Anti Child Exploitation Teams are working towards the greater goal of preventing and stamping out the sexual exploitation of children, complementing the efforts of the Australian Centre to Counter Child Exploitation, which is Australian Federal Police led and established in July 2018.

The Joint Anti Child Exploitation Team model sees Federal and State and Territory colleagues work side-by-side to undertake joint investigations and share intelligence specific to their jurisdiction.

In addition, there are a range of models of professional practice in other states and internationally that identify broader strategies, including awareness raising and professional guidance for working with children at risk of child exploitation.

### What we will do

#### *Strategic Policy Action 5:*

We will:

- work with the Department of Justice to contribute to a national approach to the minimum age of criminal responsibility and continue to consult with stakeholders as Tasmania further considers this issue, including working with the Department of Communities Tasmania to develop a Youth Justice Blueprint that aligns with the domains and principles of the Child and Youth Wellbeing Strategy. The Blueprint will deliver an overarching strategic direction for an integrated, therapeutic youth justice system in Tasmania; and
- work with the Departments of Police, Fire and Emergency Management, Health and Communities Tasmania, to consider the development of a Tasmanian approach, including models of multidisciplinary practice, to address child sexual exploitation.

## PRIORITY 6: IMPROVING UNDERSTANDING OF THE RANGE OF SERVICES AVAILABLE FOR CHILDREN AND YOUNG PEOPLE

### What Tasmanians told us about understanding the range of services available for children and young people

There is a lack of knowledge at the individual and service provider level on the range of services and programs available for children and young people.

### What we will do

#### *Strategic Policy Action 6:*

We will work with key partners such as Service Tasmania and community sector organisations using existing platforms and best practice models to provide advice on the best way to develop a single portal of access for children, young people, families and service providers that links to information on existing programs and services available for children and young people. The first work in this Strategic Policy Action may be a pilot project in the first 1,000 days.

<sup>10</sup> Available at <https://www.royalcommission.gov.au/child-detention/final-report>

<sup>11</sup> See Physicians say age of criminal responsibility must be raised to help end abuse in custody, <https://www.racp.edu.au/news-and-events/media-releases/physicians-say-age-of-criminal-responsibility-must-be-raised-to-help-end-abuse-in-custody>, viewed 26 July 2021.

<sup>12</sup> Gordon, O., ABC News, Australia urged by 31 countries at UN meeting to raise age of criminal responsibility, Posted Thu 21 Jan 2021 at 5:09pm, <https://www.abc.net.au/news/2021-01-21/un-australia-raise-the-age-of-criminal-responsibility/13078380>, viewed 16 July 2021.



## PRIORITY 7: CONTINUING TO IMPROVE THE DOMAIN DESCRIPTORS

There are a set of descriptors for each domain under the *Tasmanian Child and Youth Wellbeing Framework*. The framework uses the Australian Research Alliance for Children and Youth's 'The Nest', as the foundation for an evidence-based definition of child and youth wellbeing.

### What Tasmanians told us about the domain descriptors

- The descriptors need to take account of the effect of climate change and the environment on the wellbeing of children and young people now and into the future.
- There is the need to include health literacy in the domains.
- Children and young people, through the postcards to the Premier and through our consultation partners, told us what is important to their wellbeing.

### What the evidence tells us

The *Tasmanian Child and Youth Wellbeing Framework* consists of six domains to describe wellbeing which are inspired by Australian Research Alliance for Children and Youth's 'The Nest'. The descriptors under each domain focus on those things that are required to support the wellbeing of children and young people. The Framework document envisages, and encourages, changes to the descriptors. The Framework document acknowledges it will evolve over time to reflect our maturing, collective understanding of wellbeing.

### What we will do

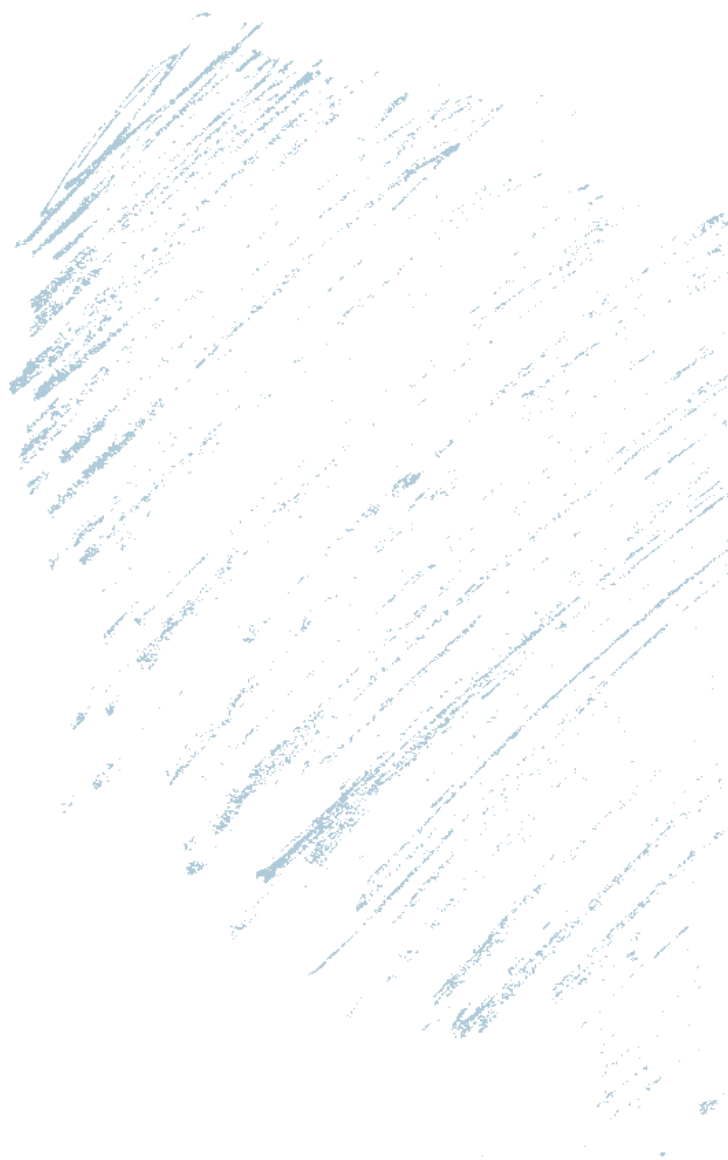
#### **Strategic Policy Action 7:**

We have already made some changes to the domain descriptors based on the consultation for the Strategy and our partnership with the Australian Research Alliance for Children and Youth, and we will continuously improve the framework based on the rich resource of our feedback from children and young people to refresh the descriptors in the *Tasmanian Child and Youth Wellbeing Framework* as required.

## PRIORITY 8: EVALUATING OUR PROGRESS

We know that our first four year Action Plan is comprehensive and that our Information Strategy will inform us of changes to the wellbeing of children and young people in Tasmania. We also know that this will be the result of many interacting factors and not only our work under this Strategy.

Evaluation of the work we do under the Strategy is therefore also important to ensure we continuously improve and learn.





#### What Tasmanians told us

"When reading the discussion paper, a key question has arisen: has there been research and documentation on ALL the programs/ organisations/initiatives across the State and their reach?"

How do we move forward without solid evidence on what is working, where are the gaps and what needs to improve?<sup>13</sup>

#### What we will do

##### *Strategic Policy Action 8:*

We will work with the Review and Evaluation Unit (Department of Premier and Cabinet) to develop an evaluation plan to monitor and evaluate the actions under our first four year Action Plan. The plan will focus on how the actions have been implemented and whether they have made a difference to child and youth wellbeing.

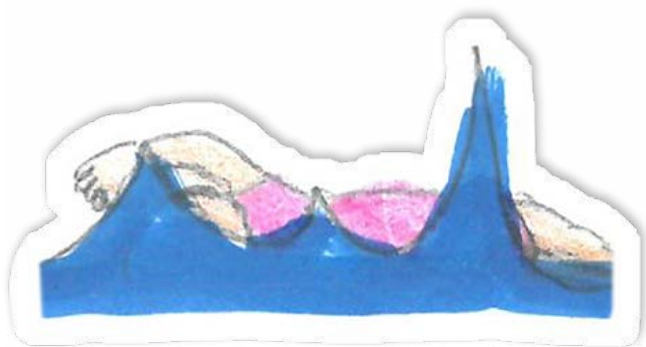
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13 Lady Gowrie, Tasmania.



## 6. How We Know We Are Making a Difference – Measurement and Evaluation

Making a difference to child and youth wellbeing will occur over many years. There are many ways to know if we are making a difference – through what we see, from what we are told and from statistical information we collect. This Strategy commits to a program of measurement, evaluation and learning to make sure our actions are effective and that they are having a positive impact on the wellbeing of children, young people and their families.



### A CHILD AND YOUTH WELLBEING INFORMATION STRATEGY

The *Tasmanian Child and Youth Wellbeing Strategy Discussion Paper* and feedback through the consultation process highlighted the need for improvements in our measurement of child and youth wellbeing. Section 5 in this Strategy confirmed our commitment to develop an Information Strategy to address these needs. This Section outlines more detail on a staged pathway to the Information Strategy and our commitment to measure indicators in the first years from a selection of available reports, research and data sources.

We know that it will take some time to develop an agreed Information Strategy in consultation with stakeholders. We also know that this is a complex process and that many other countries have struggled with capturing data which is reflective of the impact that programs (like our actions in this Strategy) contribute to improvements in wellbeing. There is growing acceptance that strong progress against wellbeing indicators is increasingly seen as being important to supplement traditional economic indicators, such as Gross Domestic Product, to more accurately reflect the state of a Nation<sup>14</sup>.

<sup>14</sup> See for instance, Fine Gael, Focus must be on wellbeing when measuring economic progress in a post-COVID world, 8 October 2020, available at <https://www.finegael.ie/focus-must-be-on-wellbeing-when-measuring-economic-progress-in-post-covid-world/>, viewed 23 July 2021.



## WELLBEING OUTCOMES

Six high level outcomes have been defined based on the domains of the *Child and Youth Wellbeing Framework*. They are that Tasmanian children and young people:

- are loved, safe and valued;
- have material basics;
- are healthy;
- are learning;
- are participating; and
- have a positive sense of culture and identity.

Our current understanding of progress towards each of these wellbeing outcomes is derived from a range of datasets and statistics identified in recent analysis and consultation. These include the Commissioner for Children and Young People's report *Investing in the Wellbeing of Tasmania's Children and Young People*, the Australian Research Alliance for Children and Youth's 2018 Report Card, as well as other government and community sector surveys and data. We have brought together the high-level outcomes and identified data and statistics in Appendix Two, grouping them by domain descriptors as initial indicators for each outcome.

This current suite of datasets and statistics emphasise physical health and personal safety over other outcomes. Nearly all these metrics are deficits based, cover data at a population level and do not allow for a richer understanding of wellbeing achieved through the recounting of lived experience or storytelling.

Further work is required to ensure a full suite of indicators and related data sources are identified to provide insight into wellbeing. We will also gain insight through evaluating selected actions to understand program effectiveness and their impact on people's outcomes. This work, as well as consultation on children and young people's narratives, will be undertaken as part of the development of the Information Strategy.

When developed and implemented, the Information Strategy will allow us to tell a more thorough wellbeing story for Tasmania's children and young people.



## STAGES OF THE INFORMATION STRATEGY

There will be three main stages to developing the Information Strategy, across the short, medium and long term.

### Short term activity (first 12 months)

- Define the **partners** from lead agencies and the community sector for the actions and policy focus on the first 1,000 Days. This work includes:
  - incorporating a role for the B4 Coalition to inform and advise on outcome, indicators and research opportunities for the early years.
  - engaging members of the Tasmanian Aboriginal community to guide the development of indicators of wellbeing for Tasmanian Aboriginal children and young people.
- Develop the **principles** for engaging.
- Using the principles, work with partners to define **priorities** for the staged development of a Child and Youth Wellbeing Information Strategy.
- Design and implement evaluation for selected actions, which also includes being accountable for wellbeing actions through annual reporting.
- Establish a child wellbeing data snapshot in year one and a regular reporting process for measurement and understanding actions that evolves as the Information Strategy delivers additional data sources. The snapshot is likely to cover a selection of the data items listed in Appendix Two, plus any additional items identified through the short-term collaborative work referenced above. We expect our measurement and understanding of reporting will grow to include more strengths based, place based, quantitative and qualitative information in subsequent years.

### Medium term activity (Years 1 and 2)

During the first two years of the Information Strategy we will describe outcomes and indicators and collect data on wellbeing. It will combine lived experience/storytelling to define and describe how we are progressing in achieving outcomes for children and young people. The Information Strategy will:

- Link wellbeing indicators directly back to outcomes defined by the six wellbeing domains.
- Employ engagement methods to hear and respond to the voice of children and young people.
- Investigate new datasets to ensure our measurement of wellbeing remains relevant, reliable and accurate.
- Ensure indicators are aligned to changing policy settings, evolving community views and priorities.
- Pilot partnerships to demonstrate the value of place-based approaches to collaborating on wellbeing outcomes, indicators and data.

### Long term activity (Years 3 and 4)

By the conclusion of the first four years of the Information Strategy, we aim to have:

- Incorporated a strengths and deficits approach to understanding individual and community protective and risk factors for wellbeing.
- Improved coordination across government to access information, reduce duplication of effort and to facilitate linked data across departments.
- Extended or developed new wellbeing surveys to collect information on how people think and feel about wellbeing across the domains.
- Reviewed evaluation methods, introduced validated tools and potentially develop real-time collection processes, to understand and evaluate the impact of services and programs towards wellbeing outcomes.
- Demonstrated the value of leveraging data assets, networks, technical expertise in research and specialised knowledge to inform decision making.



## 7. Governance

We know that wellbeing will only be achieved after we've successfully aligned our efforts across government and the community and business sectors. There are many government agencies and community organisations that provide services to support the wellbeing of children and young people. A coordinated and integrated approach will take the combined effort of all these parties to contribute their thoughts and ideas about the systems and structures we need to align and possibly restructure our services and traditional ways of operating to better support children and young people. This is why we've included this as a Strategic Policy Action in our Action Plan.

In the interim the government has existing cross-agency structures which will monitor the implementation of actions under the Strategy, with the assistance of the B4 Coalition in providing advice to government on the actions related to the early years and the first 1,000 days.

The existing governance structure includes the Departments of Premier and Cabinet, Communities

Tasmania, Education, Health, Justice and Police Fire and Emergency Management. The governance arrangement includes:

- A community consultative group for child and youth wellbeing.
- A cross-agency working group.
- A steering committee (comprising Heads of Agencies).
- The Premier and Ministers.

In addition, we are committed to hearing the voice of children and young people as we continue to implement this Strategy and will use the Premier's Youth Advisory Council as a key group of young people aged 12-25 to provide us with advice as we move forward.

The Commissioner for Children and Young People also retains her statutory role in promoting, monitoring and reviewing the wellbeing of children and young people generally<sup>15</sup>, as it relates to actions under this Strategy. The Governance structure is reflected in the following diagram:



<sup>15</sup> Commissioner for Children and Young people Act 2016, s(8)(1)(d), noting this relates to children and young people under 18 years of age.



## 8. Reporting

We are committed to letting you know how we are progressing with implementing the Strategy. We will do this by providing an Annual Report against our progress in implementing the Action Plan.

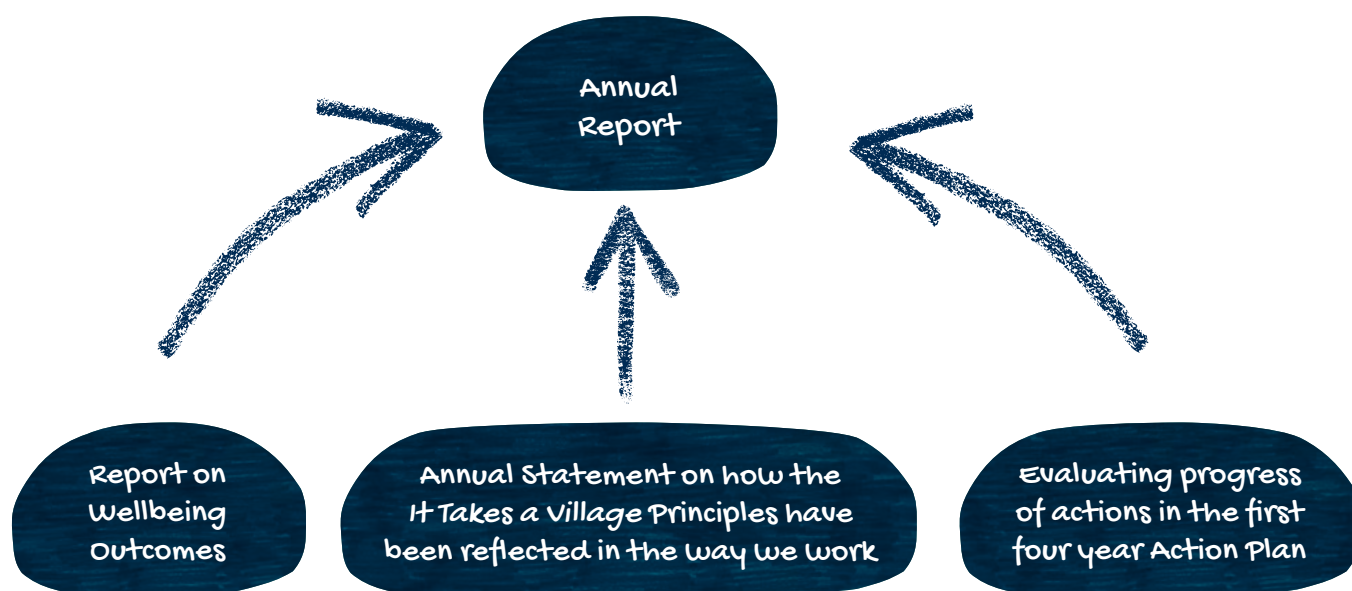
In addition, to ensure that our principles (Section 2) are actively guiding the way we work under the Action Plan, we also commit to including details and examples of this in the Annual Report.

We have also outlined in Section 6 our plan to report on existing and available data in our first years with a view to build a more comprehensive assets-based reporting system to measure wellbeing outcomes in the future.

The first annual report will cover the period from release of this Strategy to 30 June 2022 with subsequent annual reports aligning to the full year from 1 July to 30 June each year.

We will ensure transparency and accountability by releasing the annual reports by 30 November each year.

The Reporting Structure is depicted in the following diagram:



# Conclusion

Tasmanian children and young people are growing up in unprecedented times. They have had to deal with the anxiety and uncertainty of a global pandemic, and many have had their study and employment opportunities disrupted. Some were born or may have been separated from their loved ones during the first 1,000 days. Grandparents are separated from grandchildren, and parents that live interstate are separated from their children. Many children today will not remember a world without social distancing and mask wearing.



Surprisingly, despite what's going on in the world, very few responses to the consultation for this Strategy focussed on COVID-19, and those that did were outnumbered by the concerns that children and young people had about pollution, climate change and the environment and matters of social justice. Tasmanian children and young people have a strong sense of intergenerational wellbeing. They are resilient and resourceful. There was a selflessness and wisdom in the contributions we received from Tasmania's children and young people. They shared their hopes and dreams with us. They were humble hopes and very human dreams: to belong and care for others; to be safe and supported; and to have a voice and a protected planet.

The voices of children and young people informed the vision, principles, focus areas and actions in this Strategy. Their feedback has changed the wellbeing domains so that the descriptions match what's important to Tasmania's children and young people. In building the Tasmanian village using the strategic policy actions, we

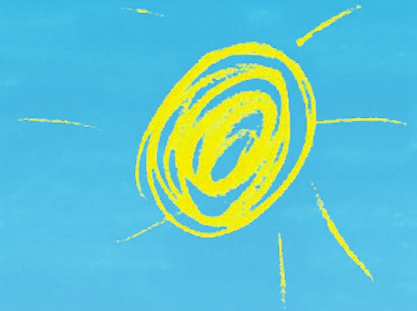
will keep working towards those things we know will make the most difference to achieving wellbeing – things like knowing our actions are impactful, and greater collaboration, cooperation and coordination of effort.

In cities, regional towns and neighbourhoods, people across Tasmania gave their ideas in face to face forums, or they posted, emailed, or filled in an online survey to tell us what was important. In taking part in shaping this Strategy these Tasmanians demonstrated we can join together to make Tasmania the best place to grow up, live, work and raise a family. We will continue to listen and act on the views of our youngest Tasmanians and their parents and carers.

With these Tasmanian children and young people as our future leaders, our village is in good hands. With this Strategy we will work together to give them the foundations to achieve their hopes and dreams.

'It takes a Tasmanian village' for all children and young people to have what they need to grow and thrive.





It takes a  
**Tasmanian**  
village



CHILD AND YOUTH WELLBEING STRATEGY

Four Year Action Plan  
2021-2025










## Being Loved, Safe and Valued


### Have a safe, stable and supportive home environment

#### Focus Area: Support Parents and Carers during the First 1,000 days

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
1.  Bringing Baby Home	Communities Tasmania	The Bringing Baby Home initiative provides pre and post birth support for parents who have been assessed by the Child Safety Service as being at imminent risk of having their infant removed and placed in care. It will include a 24/7 supported residential program post birth.				
2.  Child Health and Parenting Service Sustained Nurse Home Visiting Program	Health with Communities Tasmania and Education	The Child Health and Parenting Services Sustained Nurse Home Visiting Program will provide targeted home visits to families who are identified as having complex needs and would benefit from additional child health support in the first 1,000 days. The Child Health and Parenting Service will engage with key stakeholders in the development and implementation of the program. the program will focus on early intervention parenting supports related to children's health, growth and development and will strengthen engagement with families identified as having complex needs, supporting improved health outcomes for children and families.				
3.  Supported playgroups & parent groups for vulnerable parents	Communities Tasmania with Community Sector Partners	This initiative will provide support for families in the first 1,000 days with a scalable program that is able to be delivered in rural and remote communities. The program will develop and implement volunteer supported playgroups as well as providing additional parent groups in areas of need.				
4.  Staged Outreach Model from Child and Family Learning Centres	Education	Develop a Child and Family Learning Centre staged outreach model.				
5.  Parenting Program	Communities Tasmania with Health and Education	This initiative will fund a project officer in the first year to work across the departments of Health and Education to determine the best parenting program or programs that could operate universally.				

## Have a safe, stable and supportive home environment

### Focus Area: Support Parents and Carers during the First 1,000 days

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
6.  Supporting Expecting and Parenting Teens Program	Communities Tasmania with Community Sector Partners	This initiative will provide mentoring, information and resources to assist participants to navigate the complex landscape of service providers and ensure access to services that are right for them.				

### Focus Area: Improve the Out of Home Care system

7. Permanent Placement and Preservation in Out of Home Care	Communities Tasmania	This initiative will ensure children do not experience delays in finding permanent family arrangements when they cannot return home. It will provide intensive, rapid support to families who provide these placements, especially during times of stress (e.g. adolescence). Children and young people in Out of Home Care will be assisted to overcome the challenges in their lives, remain permanently with families and reach their full potential.				
8. Supports for Informal Kinship Carers	Communities Tasmania	This initiative will provide a support and liaison officer in the North West who will act as a conduit for informal kinship carers. It will include access to training opportunities, an information portal and government concessions for kinship carers as well as increased brokerage funds for set up and other costs. Access to free community respite for families who need support will also be provided.				
9. Sure Start	Communities Tasmania	This initiative will ensure vulnerable children and young people, in Out of Home Care have priority access to services they need to achieve better health, education and wellbeing outcomes. It will include a Learning Wellbeing Fund for children and young people in Out of Home Care as well as a framework to improve co-ordination across government services for children and young people in Out of Home Care.				
10. Review of <i>Children, Young Persons and their Families Act, 1997</i>	Communities Tasmania	This action will reform Tasmania's child safety legislation in line with the Strong Families, Safe Kids Child Safety redesign.				



## Being Loved, Safe and Valued

Feel safe, secure and protected at home, in the community and online

### Focus Area: Combat Bullying

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
11. Making School Toilet Blocks Safer	Education	Old style toilet blocks, particularly in secondary schools are potential bullying zones. To make these areas safer, toilet blocks in 42 high schools and district school sites will be upgraded and will provide individual private cubicles with basins.				
12. Consistent approach to bullying in schools	Education	The Department of Education will develop a consistent approach when responding to bullying and strengthen current reporting guidelines.				

### Focus Area: Reduce Reoffending and Support Rehabilitation

13. Just Time Prison Parenting Program	Justice with Connect 42	The Department of Justice will partner with Connect 42 to deliver the Just Time Prison Parenting Program over a three year period. This program teaches parent-child attachment skills to prisoners and helps to break the cycle of offending. It will also support rehabilitation and builds community safety by reducing rates of reoffending, whilst giving prisoners important skills to bond with their children.				
14. Legal Representation After Hours for Young People	Justice through legal sector	This action will include funding for a lawyer to be rostered to appear for young people in the after-hours court in Burnie, Devonport and Launceston. The Department of Justice will work with the legal assistance sector to identify the best way to deliver this service.				





## Having Material Basics

Have access to suitable, secure, stable housing with adequate heating and cooling

### Focus Area: Provide Stable Housing and Supports for Homeless Youth

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
15. Under 16 Lighthouse Project	Communities Tasmania	This project will continue to progress the recommendations of the Under 16 Youth Homelessness Taskforce. It will include a residential care pilot program for young people under 16 who are not in the care of the state and are unable to live at home. The pilot will run over 3 years and provide a family like environment, accommodation and a program of therapeutic care with a focus on family restoration.				
16. Youth Wellbeing Officers	Communities Tasmania	Funding for the Lighthouse Project will also include the continuation of enhanced community youth support services including the creation of new Youth Wellbeing Officers in the Advice and Referral Line to support and provide advice to young people, service providers and families regarding young people under 16 who are at risk of homelessness.				
17. Modular Youth Housing and Youth Coaches	Communities Tasmania	This action will deliver modular youth housing for 16 to 24 year-olds transitioning to independence from a variety of contexts such as Ashley Youth Detention Centre, Out of Home Care or shelters. It will provide 20 modular youth homes across four sites around the State. Funding will also be provided for Youth Coaches who will provide independence support across key life domains including education, employment, health and wellbeing and community participation.				
18. Dispersed Youth Foyer Planning	Communities Tasmania	This initiative will identify 10 Housing Tasmania properties suitable for conversion into three to four-bedroom share housing properties for young people.				



## Having Material Basics

### Have access to nutritious food and clean water

#### Focus Area: Provide children with access to healthy and nutritious food

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
19. Extension of the School Lunch Pilot Program	Communities Tasmania with Schools Canteen Association	This action will expand the Tasmanian Schools Canteen Association School Lunch Pilot to include an additional 30 schools over two years. An Expression of Interest process will be undertaken to select the first 15 schools to take part, with priority given to lower socio-economic areas. This action includes funding for regional food coordinators to support schools to design and set up their own food plans, a grant program for school kitchens and increased funding to emergency food relief organisations to provide food for the program. It is expected school lunches will be provided at these schools from Term One, 2022.				

### Have access to education and training materials

#### Focus Area: Improve internet access for students in regional areas


Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
20. High Speed Optical Connection for Regional Schools	Education	This action will contribute funding towards the transition of nine regional school sites from limited bandwidth fixed wireless to high speed optical fibre connections. The high speed optical fibre connection will support improved educational outcomes for over 1,850 students, as well as provide opportunities for businesses in these towns to access higher speed internet connections.				



## Having Material Basics

Have access to transport, required local services and materials to support participation in activities

**Focus Area: Provide essential items relevant to developmental stages**

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
 21. Little Tasmanians – Baby Pack for each newborn	Brand Tasmania with Health	This initiative will provide a Baby Pack for each newborn baby in Tasmania. The Baby Pack will be provided in a calico bag and include a board book highlighting success stories of Tasmanians, a Tasmanian onesie as well as items relevant to the first 1,000 days, such as a feeding spoon and a library card. The bag will be provided to parents as part of the Child Health and Parenting nurses' initial visits.				
22. Free Sanitary Items in Schools	Education	This action will see free sanitary products provided in all Government schools from Term 3, 2021. It will reduce barriers to learning and ensure that no female student in Tasmanian government schools will be absent because they are unable to access sanitary products.				





## Being Healthy

### Are mentally and physically healthy

#### Focus Area: Support health prevention and early intervention

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
23. Additional School Nurses	Education	This action will provide funding to employ additional nurses and Clinical Nurse Educators to the School Nurse program. This will support health prevention and early intervention initiatives in schools, including increased efforts to reduce smoking and obesity rates for children and young people.				
24. Youth Smoking Prevention Package	Health with Education	This action will develop a Youth Smoking Prevention Package targeting potential young smokers before they light up for the first time. Funding will be used to develop and implement an evidence-based package targeted specifically at children and young people from Year 6 and up. The departments of Health and Education will collaborate to ensure effective use of resources and approaches to target young people from all backgrounds and tailor the program to the needs of individual school communities.				
25. Expand 24 Carrot Kitchen Garden Program	Education with Museum of Old and New Art and 24 Carrot	The school kitchen garden program teaches Tasmanian children how to grow, prepare and enjoy eating healthy produce. The program currently operates in 15 Tasmanian schools and communities and this will provide funding to expand the program to three secondary schools in Southern Tasmania and two North West Primary Schools. This is the first time the program will work with schools on the North West coast and the secondary school system. It will mean that young people transitioning into high school can continue to build on the knowledge, skills and access to nutrition they've received in primary school.				



## Being Healthy

### Are emotionally well, happy and supported

#### Focus Area: Enhance education, awareness and support for mental health

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
26. Tasmania's Youth Suicide Prevention Strategy	Health	This action will be undertaken as part of the implementation of Rethink 2020 – Tasmania's new mental health plan. Under this plan all of Tasmania's Suicide Prevention Strategies will be updated, including the first Youth Suicide Prevention Strategy. Updates to the Youth Suicide Prevention Strategy will be informed by a community consultation process.				
27. Youth Mental Health First Aid Training for school nurses	Education	This action will provide upskilling for all school nurses with the latest Youth Mental Health First Aid Training. Access to this specialised training will start from mid 2021.				
28. Youth Peer Worker Model	Health	As part of the Tasmanian Peer Workforce Development Strategy this action will establish a Youth Peer Worker Model. This will enable young people living with mental health challenges to have the support of a person who has recovered from their own personal experience, to provide advice and hope to the young person and their families during their mental health journey.				
29. Extension of Speak Up Stay Chatty School Program	Education with Speak up Stay Chatty	Aimed at students in years 9-12, this program focuses on raising mental health awareness, resilience and building students' confidence to seek help when they need it, for themselves, and their peers. This action will provide funding to enable Stay Chatty in Schools program to continue until end of 2026.				



## Being Healthy

### Are health literate and have access to appropriate health and care services

#### Focus Area: Enhance access to health and wellbeing services

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
<b>30. Kids Care Clinics</b> 	Communities Tasmania with Health and Education	This action will establish a Kids Care Clinic model co-designed by Departments of Communities Tasmania, Health and Education. These clinics will ensure the health of vulnerable children and young people through the delivery of a sustainable state-wide community paediatrics service. Consideration will be given to delivering the service out of Child and Family Learning Centres where possible. Vulnerable children, young people and their families will be able to access a range of assessments and care in one location by a consistent team of medical professionals.				
<b>31. Child Wellbeing Model in Child and Family Learning Centres</b> 	Education with Health	This initiative will replicate the Support and Wellbeing team model currently in government schools into Child and Family Learning Centres. This will include free access to speech pathologists, psychologists and social workers for every child and family attending a Child and Family Learning Centre.				
<b>32. Children's Cancer Clinical Trials Unit</b>	Health	This action will provide funding to explore creation of a Tasmanian Children's Cancer Clinical Trials Unit in order to reduce the dependence on funding from donations.				
<b>33. Expansion of the Tasmanian Autism Spectrum Diagnostic Assessment Service</b>	Health with Tasmanian Autism Diagnosis Service	This action will enable the employment of three additional assessors within the Tasmanian Autism Spectrum Diagnostic Assessment Service. This means more children with Autism Spectrum Disorder will have access to earlier assessment and diagnosis, which in turn will provide children and their families with access to earlier support and lead to better wellbeing outcomes.				





## Are attending and engaging in education, training or employment

### Focus Area: Support school leavers to transition to further education, training or employment

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
34. Youth Navigators	State Growth with Youth Employment Alliance	Youth Navigators will provide tailored, holistic and targeted support to school leavers to transition to further education, training or jobs and will operate from a placed based context across Tasmania and benefit from the experience of local not for profit organisations and industry. The pilot program has been developed by the Youth Employment Alliance which includes the Beacon Foundation, Colony 47, Your Town, Youth, Family and Community Connections, Launceston City Mission, The Link Youth Health Service/headspace Hobart, Workskills/Impact Communities and young people.				
35. Youth Connectors Pilot	State Growth	This initiative will operate in conjunction with existing jobs hubs in Sorell, Glenorchy and George Town. The pilot program will focus on young Tasmanians seeking jobs, training and apprenticeships in their local area and will run over a two year period.				
36. Fit for Work Project	State Growth with Youth, Family and Community Connections	This project will provide young job seekers (aged 16-25 years) in the Devonport region with individualised support and case management to successfully engage in long-term employment, education and training.				
37. Girls in Property Pilot Program	State Growth with Property Council of Australia	This action will provide funding to support a Tasmanian Girls in Property pilot program for Year 9 and 10 students in partnership with the Property Council of Australia. The program will assist more young women to consider working in this sector and raise awareness of non-traditional career pathways.				



## Are participating in early childhood education

### Focus Area: Educate parents and caregivers about the importance of the First 1,000 Days

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
38. The Basics 	Communities Tasmania with Community Partners	'The Basics' deploys knowledge about effective care giving in the first few years of their child's life. This initiative will include the development of text messaging that supports families and provides tips on child development.				

## Are supported to learn by their caregiver and education providers

### Focus Area: Support teachers to meet the needs of students impacted by trauma

39. Professional Development for Teachers and Teacher Aides in Trauma Informed Practice	Education	This initiative will enable teachers and teacher aides to undertake professional development in trauma-informed practice. The professional development resources will provide staff with the knowledge and skills to adapt teaching practices to support the learning of young people impacted by mental health issues and trauma. Priority of access to professional development resources will be given to graduate teachers and staff in rural and regional schools.				
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## Are developing literacy and numeracy skills appropriate to age

### Focus Area: Review and implement evidence based literacy programs and supports

40. Literacy Advisory Panel	Premier and Cabinet	This action will provide funding to support the newly announced Literacy Advisory Panel which will undertake a review of current community literacy approaches and supports in place in Tasmania.				
41. Literacy Coaches in Schools	Education	This initiative will enable additional literacy coaches to work in classrooms with teachers to implement evidence-based literacy programs. This will further support the Year 7 literacy target.				



Have their individual learning needs addressed to allow them to realise their learning potential

Focus Area: Provide individual support for students when and where they need it

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
42. Trauma Support for More Students	Education	This action will provide funding to help meet the growing demand for student trauma support. It will provide additional support for individual students impacted by trauma across Tasmanian Government schools.				





## Are engaging with peers and community groups

### Focus Area: Enhance participation of children and young people in their community

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
43. Youth Volunteer Army	Communities Tasmania with Volunteering Tasmania	This initiative will encourage a new generation of life-long volunteers, by working with community groups and schools to showcase the importance and benefits of volunteering to young Tasmanians. The Youth Volunteer Army will give young people the opportunity to invest in their communities.				
44. Young Leaders of Tasmania	Education with Young Leaders of Tasmania	This action will provide funding for the Young Leaders of Tasmania to continue to deliver their successful mentoring program in schools for young people with disability.				
45. Youth Week Activities	Communities Tasmania with Youth Network of Tasmania	Funding will be provided over three years to continue support for the Youth Network of Tasmania to deliver Youth Week activities.				



## Participating

### Are taking part in organised activities, including sport

#### Focus Area: Assist children and young people to participate in organised activities

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
46. Extension of the Doubling Ticket to Play Voucher	Communities Tasmania	The Ticket to Play provides financial assistance towards club membership for children aged 5-18 years who are listed on a Centrelink Healthcare Care or Pensioner Concession Card or in Out of Home Care. Vouchers were doubled to \$200 in the 2020-21 Budget and this action will see this continue for a further three years. Vouchers can now be used for two different activities.				
47. Currie Park/Skate Park	Communities Tasmania with Local Government	Funding for this action will support the Returned Services League park and the skate park, as well as improve footpaths in the area. This will make access around the township easier for young mums with strollers and children.				
48. Gagebrook Park and Playground	Communities Tasmania with Local Government	Funding to undertake playground redevelopments at Gagebrook and Herdsmans Cove.				
49. Risdon Bike Collective	Communities Tasmania with Risdon Bike Collective	This action will provide funding for the Risdon Bike Collective to deliver a skills and resilience building program for young people in the Risdon Vale and Huonville areas.				
50. Premier's Infrastructure Development Fund	Communities Tasmania	This initiative arises primarily from the Postcards to the Premier consultation where children and young people requested additional recreation facilities in their local areas.				



## Participating

Are an active participant in their own life, including being able to have a say and have their opinion heard and valued

**Focus Area: Provide opportunities and supports for children and young people to have a say on issues that affect them**

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
51. Youth Climate Leadership Program	Premier and Cabinet with Community Partners	This initiative will provide a tailored program for Tasmanian High School Students to inspire, educate and empower young leaders. It will include a climate change initiative, sustainability solutions for local communities, potential national and international collaborative opportunities, mentoring and support and presentations from keynote speakers as well as two conferences during the year.				
52. Increasing participation opportunities for all children and young people	Communities Tasmania with Commissioner for Children and Young People	This action will fund the Commissioner for Children and Young People's engagement activities to include additional best practice opportunities for all Tasmanian children and young people to express their views, participate in decision making processes that affect their lives and have their voices heard. In particular, this action will focus on children and young people who are not usually provided the opportunity to participate and be heard.				





## Having a Positive Sense of Culture and Identity

Can find out about family and personal history and are supported to connect positively with their culture

**Focus Area: Provide opportunities for young people to connect with their culture**

Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
53. Therapeutic programs that have the capacity to enable cultural connection	Communities Tasmania with Community Partners	Develop a business case for the establishment of therapeutic programs that have capacity to enable cultural connection, including the concept of being 'On Country'.				

Feel like they belong

**Focus Area: Assist children and their families to connect with services within their community**

54. Extension of Connected Beginnings	Communities Tasmania	Connected Beginnings helps Aboriginal and Torres Strait Islander children prepare for school and contributes to objectives under Closing the Gap. The program has been running in the Bridgewater/Gagebrook area and, this action will extend this initiative to two more Tasmanian sites.			
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## Having a Positive Sense of Culture and Identity

### Have a positive sense of self-identity and self-esteem

#### Focus Area: Build long lasting change, positive practices and supports for Lesbian Gay Bisexual Transgender Queer and Intersex + students


Action	Lead Agency	Description	2021 /22	2022 /23	2023 /24	2024 /25
55. Working it Out: Valuing Diversity in Schools	Education with Community Partners	This action will include funding to increase support within schools and build capacity for lasting change, including activities such as professional learning for school and support staff, policy support, establishment of student diversity groups, community education and assistant to embed positive practices at all levels of the school.				

### Are in touch with cultural or spiritual practices and have these practices valued and respected

#### Focus Area: Ensure the cultural needs of clients are respected and valued within Government Services

56. Aboriginal Family Group Conference Facilitators	Communities Tasmania with Aboriginal Communities	This action will see the Department of Communities Tasmania work with Aboriginal Community Organisations to identify and build capacity for Aboriginal Family Group Conference Facilitators to oversee those conferences that relate to Aboriginal children and young people.				
57. Aboriginal led Case Management Model for Out of Home Care	Communities Tasmania with Aboriginal Communities	This action will see the Department of Communities Tasmania work with Aboriginal Community Organisations to develop an aboriginal-led case management service model for Aboriginal children in Out of Home Care and further embed the Aboriginal Child Placement Principle.				

# Strategic Policy Actions

Reportable Action	Descriptors
<b>1. Improve our focus on the first 1,000 days</b> 	<p>Focus the role and membership of the B4 Coalition to ensure an expertise and skills mix for the broad nature of the wellbeing framework domains and associated first 1,000 days actions, as well as the early childhood education and care sector.</p> <p>Communicate the importance of the first 1,000 days.</p> <p>Provide advice on an outcomes and measurement framework for the first 1,000 days.</p> <p>Provide policy advice to Government on the first 1,000 days actions in this Strategy and suggestions for future priorities.</p>
<b>2. Develop a Child and Youth Information Strategy</b>	<p>Share wellbeing objectives and outcomes and links data across government agencies.</p> <p>Extend existing, or creates new, wellbeing surveys and investigates the introduction of validated tools to assess wellbeing. Includes information about how people think and feel about wellbeing across the domains and beyond a learning context (including for example up to 25 years of age).</p> <p>Foster community assets and networks for wellbeing – to understand what services or networks contribute to wellbeing and where barriers exist.</p> <p>Consider how we can move from a deficit reporting framework to an assets-based framework.</p> <p>Develop research partnerships, utilising specialised knowledge and expertise to help shape the wellbeing agenda over time.</p>
<b>3. Better cross agency and cross sectoral collaboration and integration</b>	<p>Research and explore a range of mechanisms which will improve cross agency and cross sector collaboration, including the experience gained from other states, territories and countries' approaches to child and youth wellbeing.</p>
<b>4. Transition Stages for Young People</b>	<p>Determine the appropriate age range: 12, 16 or 18 to 25.</p> <p>Build on the existing work of Government.</p> <p>Identify learning and wellbeing domain priorities for each transition point in consultation with young people.</p> <p>Specify domain drivers and enablers.</p> <p>Incorporate an advantage thinking approach which identifies young people's skills and aspirations, then supports them to make progress towards meaningful working lives that contribute to the economy.</p> <p>Complement the <i>Tasmanian Child and Youth Wellbeing Framework</i> and our Strategy.</p>



Reportable Action	Descriptors
5. Support children and young people 'at risk'	<p>Work with the Department of Justice to contribute to a national approach to the minimum age of criminal responsibility and continue to consult with stakeholders as Tasmania further considers this issue, including working with the Department of Communities Tasmania to develop a Youth Justice Blueprint that aligns with the domains and principles of the Child and Youth Wellbeing Strategy. The Blueprint will deliver an overarching strategic direction for an integrated, therapeutic youth justice system in Tasmania.</p> <p>Work with the Departments of Police, Fire and Emergency Management, Health and Communities Tasmania, to consider the development of a Tasmanian approach, including models of multidisciplinary practice, to address child sexual exploitation.</p>
6. Improve understanding of the range of services available for children and young people	Work with key partners such as Service Tasmania and community sector organisations using existing platforms and best practice models to provide advice on the best way to develop a single portal of access for children, young people, families and service providers that links to information on existing programs and services available for children and young people. The first work in this strategic policy action may be a pilot project in the first 1,000 days.
7. Improve the domain descriptors	Improve the framework based on the rich resource of our feedback from children and young people to refresh the descriptors in the <i>Tasmanian Child and Youth Wellbeing Framework</i> as required.
8. Evaluation	Work with the Review and Evaluation Unit (Department of Premier and Cabinet) to develop an evaluation plan to monitor and evaluate the actions under our first four year Action Plan. The plan will focus on how the actions have been implemented and whether they have made a difference to child and youth wellbeing.

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CHILD AND YOUTH WELLBEING STRATEGY

Potential Indicators for  
Outcome Framework

# Range of indicators we could select from to measure outcomes



## Being Loved, Safe and Valued

### Have a safe, stable and supporting home environment

Further work required to identify data sources for this indicator

### Have positive, trusted relationships with other people

2	Percentage of 18-24 years who have 3 or more friends/family members they can confide in	Australian Bureau of Statistics
2	Percentage of 15-19 years turning to others for support	Mission Australia
1	Percentage of young people who feel that they can go to their parents for help with important issues	Mission Australia
1	Percentage of young people that feel that their families get along well	Mission Australia

### Feel safe, secure and protected at home, in the community and online

	Percentage of children and young people that feel 'very concerned' or 'extremely concerned' about family conflict	Mission Australia
	Percentage of children and young people that feel 'very concerned' or 'extremely concerned' about bullying and / or emotional abuse	Mission Australia
1	Percentage of children and young people that feel 'very concerned' or 'extremely concerned' about their personal safety	Mission Australia
2	Percentage of under 15 years who are living in households unable to get help from outside the household in a time of crisis	Australian Bureau of Statistics
2	Percentage of current partner emotional abuse cases for which the abusive partner	Australian Bureau of Statistics
2	Percentage of adults who had children in their care while experiencing violence from a current partner	Australian Bureau of Statistics
2	Percentage of adults feeling unsafe / very unsafe walking in the local area after dark	Australian Bureau of Statistics
2	Percentage of children reporting that they feel unsafe in their local area at night	Australian Child Wellbeing
2	Percentage of children living with both their mother and father in one home	Australian Child Wellbeing
	Percentage of children and young people that have been subjected to cyberbullying	Australian Bureau of Statistics
	Percentage of children and young people that have been exposed to inappropriate material online	Australian Bureau of Statistics
	Rate of assaults on children and young people	Department of Police, Fire and Emergency Management (Tasmania)





## Being Loved, Safe and Valued

Rate of sexual assaults on children and young people	Department of Police, Fire and Emergency Management (Tasmania)
Rate of children and young people identified in child protection notifications	Australian Institute of Health and Welfare
1 Rate of children and young people who were the subject of a substantiation of a notification	Australian Institute of Health and Welfare
Rate of children and young people on care and protection orders	Australian Institute of Health and Welfare
1 Rate of children and young people in out of home care	Australian Institute of Health and Welfare
Number of family violence incidents where children were present	Department of Police, Fire and Emergency Management (Tasmania)
Number of young people cautioned or prosecuted by police	Department of Police, Fire and Emergency Management (Tasmania)
Rate of young people in youth detention	Australian Institute of Health and Welfare
Rate of young people in community-based supervision	Australian Institute of Health and Welfare
2 Percentage of 0-24 years who are carers	Australian Bureau of Statistics
2 Percentage of children living with a family member who has a disability or chronic illness	Australian Institute of Health and Welfare
2 Percentage of year 8 students whose parents would know if they didn't come home on time	Australian Bureau of Statistics
<b>Feel valued and respected by teachers and other adults in their life and know that they are important to others</b>	
2 Percentage of students being deliberately ignored or left out of a group at least every few weeks	Australian Institute of Health and Welfare
Further work required to identify data sources for this indicator	
<b>Have a voice and the ability to raise concerns and have those concerns addressed</b>	
Further work required to identify data sources for this indicator	



## Having Material Basics

### Have access to suitable, secure stable housing with adequate heating and cooling

Rental housing affordability for young people	Real Estate Institute of Tasmania
Proportion of low income Tasmanian households experiencing rental stress	Australian Bureau of Statistics
Proportion of Tasmanian households experiencing rental stress	Australian Bureau of Statistics
1 Percentage of households spending more than 30 per cent of gross income on housing	Australian Bureau of Statistics
2 Proportion of young Tasmanians experiencing homelessness	Australian Bureau of Statistics
1 0-24 years homelessness rate (per 10,000 population)	Australian Bureau of Statistics
1 Percentage of all those accessing Specialist Homelessness Services in past year who were aged 0-24 years	Australian Institute of Health and Welfare
Number of children and young people assisted by Specialist Homelessness Services	Specialist Homelessness Services National Minimum Data Set
Number of children and young people unassisted by Specialist Homelessness Services	Specialist Homelessness Services National Minimum Data Set
1 Percentage of families with dependent children in overcrowded housing	Australian Bureau of Statistics
1 Percentage of under 15 years living in dwellings with major structural problems	Australian Institute of Health and Welfare
1 Percentage of under 15 years living in dwellings with at least one essential household facility that was not available/do not work	Australian Institute of Health and Welfare
1 Percentage of home owners who are 15-34 years	Australian Bureau of Statistics

### Have access to adequate clothing and footwear

Further work required to identify data sources for this indicator

### Have access to nutritious food and clean water

Further work required to identify data sources for this indicator

Percentage of people who ran out of food and couldn't afford to buy more	Tasmanian Population Health Survey
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### Have access to transport, required local services and materials to support participation in activities

Further work required to identify data sources for this indicator

1 Percentage of households with children under 15 with access to internet at home	Australian Bureau of Statistics
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## Having Material Basics

### Have access to education and training materials

Further work required to identify data sources for this indicator

1	15 years reporting less than four educational possessions (per 1,000)	Organisation for Economic Co-operation and Development
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### Have access to the outdoors and green spaces

Further work required to identify data sources for this indicator

### Not linked to a domain descriptor

	Percentage of households with children with no parent in employment	Australian Bureau of Statistics
	Average disposable household income for low income households with children	Australian Institute of Health and Welfare
2	Percentage of children under 15 living in poverty	Australian Council of Social Service
	Percentage of people who would not be able to raise \$2,000 within two days in an emergency	Tasmanian Population Health Survey
1	Percentage of 0-14 years in relative poverty (<50 per cent of national median income)	Australian Bureau of Statistics
1	Percentage of 0-14 years in relative poverty (<60 per cent of national median income)	Australian Bureau of Statistics
2	Average real equivalised household income for households with dependent children aged 0-14 years in the second and third income deciles (\$ per week) (Commissioner for Children and Young People only)	Australian Institute of Health and Welfare
2	Proportion of children aged 0-14 years living in households with housing stress (households that spend more than 30 per cent of their income on housing costs) (Commissioner for Children and Young People only)	Australian Institute of Health and Welfare
1	Percentage of under 18 years deprived of two or more items considered essential	United Nations Children's Fund Innocenti Report card
1	Gap between low-income households and households in the middle income distribution (Gini coefficient)	Australian Bureau of Statistics
1	Percentage of 0-14 years in jobless families	Australian Bureau of Statistics, Australian Institute of Health and Welfare
1	Percentage of dependent students aged 15-24 years in jobless families	Australian Bureau of Statistics, Australian Institute of Health and Welfare
1	Percentage of 15-24 (15-19 in 2007) years unemployed and seeking fulltime work	Australian Bureau of Statistics
1	Percentage of 15-24 years in long-term unemployment	Australian Bureau of Statistics
2	Youth unemployment rate (15 to 24 year olds) – average over the calendar year (Commissioner for Children and Young People only)	Australian Bureau of Statistics





## Being Healthy

### Are mentally and physically healthy

1	Percentage of women who gave birth aged under 20 (as a proportion of all births)	Australian Bureau of Statistics
2	Percentage of mothers smoking during pregnancy	Council of Paediatric Mortality and Morbidity
	Percentage of mothers consuming alcohol during pregnancy	Council of Paediatric Mortality and Morbidity
	Percentage of women attending an antenatal visit in the first trimester of pregnancy	Australian Institute of Health and Welfare
2	Percentage of live babies born with low birth weight / very low birth weight	Australian Institute of Health and Welfare
1	Life expectancy at birth	Australian Bureau of Statistics
2	Percentage of mothers breastfeeding at point of discharge from maternity services	Council of Paediatric Mortality and Morbidity
1	Percentage of 0-3 years who have never received breast milk	Australian Bureau of Statistics
	Infant mortality rate per 1,000 live births (five year average)	Australian Bureau of Statistics
2	Percentage of children classified as developmentally vulnerable on two or more domains of the Australian Early Development Census	Australian Early Development Census
1	Percentage of 2-18 years meeting minimum recommended consumption of fruit	Australian Bureau of Statistics
	Percentage of young people aged 18 to 24 meeting the recommended daily fruit intake	Australian Bureau of Statistics
1	Percentage of children and young people aged 2 to 18 meeting the recommended daily vegetable intake	Australian Bureau of Statistics
	Percentage of children and young people aged 18 to 24 meeting the recommended daily vegetable intake	Australian Bureau of Statistics
1	Percentage of children going to school or bed hungry (often or always) because there is not enough food at home	Australian Child Wellbeing
1	Percentage of children with a disability	Australian Bureau of Statistics
1	Percentage of pregnant mothers who smoked during first 20 weeks of pregnancy	Australian Institute of Health and Welfare
1	Percentage of 12-17 years who smoke daily	Australian Institute of Health and Welfare
	Percentage of children and young people aged 15 to 17 who smoke	Australian Bureau of Statistics
1	Percentage of 18-24 years who smoke daily	Australian Institute of Health and Welfare
	Percentage of young people aged 18 to 24 who smoke	Australian Bureau of Statistics
	Percentage of young people aged 18 to 24 who are ex-smokers	Australian Bureau of Statistics
1	Percentage of 12-17 years drinking alcohol at risky levels	Australian Institute of Health and Welfare



## Being Healthy

Percentage of children and young people aged 15 to 17 whose alcohol consumption exceeds recommended levels.	Australian Bureau of Statistics
Percentage of young people aged 18 to 24 whose alcohol consumption exceeds recommended levels	Australian Bureau of Statistics
I Percentage of 12-17 years have used illicit drugs in lifetime	Australian Institute of Health and Welfare
I Percentage of 12-17 years have used illicit drugs in lifetime	Australian Institute of Health and Welfare
I Rates of offence of acts intended to cause injury per 100,000 population	Australian Bureau of Statistics
<b>Are health literate and have access to appropriate health and care services</b>	
I Percentage of 5-10 years free from dental decay	Australian Institute of Health and Welfare
<b>Are emotionally well, happy and supported</b>	
I Percentage of children who do not feel positive about their future	Australian Child Wellbeing
Percentage of children who consider themselves to be in good or excellent health	Society at a Glance
Percentage of children who are 'on track' against the Australian Early Development Census emotional maturity marker	Australian Early Development Census
I Percentage of children having difficulty sleeping about every day	Australian Child Wellbeing
Percentage of young people that feel happy with their life as a whole	Mission Australia
Percentage of young people that report being concerned about body image	Mission Australia
Percentage of young people that report being concerned about coping with stress	Mission Australia
Percentage of young people that report being concerned about depression	Mission Australia
Percentage of young people that report being concerned about suicide	Mission Australia
2 Percentage of children and young people that report having a mental or behavioural condition	Australian Bureau of Statistics
I Percentage of 4-17 years with any mental disorder	Department of Health (Commonwealth)
I Percentage of 18-24 years with high or very high psychological distress	Australian Bureau of Statistics
I Percentage of 15-19 years with probable serious mental illness	Australian Bureau of Statistics
Percentage of 12-17 years self-harming in previous 12 months	Department of Health (Commonwealth)
I 15-24 years suicide rate (deaths per 100,000)	Australian Bureau of Statistics
Number of children and young people aged 0 to 24 who have been issued a mental health treatment plan by a General Practitioner	Medicare Benefits Schedule
I Injury deaths for children aged 0-14 years (per 100,000 population)	Australian Institute of Health and Welfare



## Being Healthy

### Are immunised

Proportion of children fully immunised at 12 months	Immunisation register; Department of Health (Commonwealth)
Proportion of children fully immunised at two years of age	Immunisation register; Department of Health (Commonwealth)
I Percentage of immunised against Hep B at age 2	Immunisation register; Department of Health (Commonwealth)
I Percentage of immunised against measles at age 2	Immunisation register; Department of Health (Commonwealth)
I Percentage of immunised against whooping cough at age 2	Immunisation register; Department of Health (Commonwealth)
Proportion of children fully immunised at five years of age	Immunisation register; Department of Health (Commonwealth)

### Are as physically active as they can be

2 Percentage of children who are 'on track' against the Australian Early Development Census physical health and wellbeing domain	Australian Early Development Census
I Percentage of 5-24 years overweight or obese	Australian Bureau of Statistics
I Percentage of 15-24 years engaged in sedentary or low levels of physical activity	Australian Bureau of Statistics
I Percentage of children playing sports outside of school every day or almost every day	Australian Child Wellbeing
Percentage of children and young people aged 15 to 17 meeting the national guidelines on physical activity	Australian Bureau of Statistics
Percentage of young people aged 18 to 24 meeting the national guidelines on physical activity	Australian Bureau of Statistics

### Are supported to engage in regular outdoor activities and nature-based play

Further work required to identify data sources for this indicator





## Are attending and engaging in education, training or employment

Percentage of children aged four or five enrolled in a kindergarten or preschool program	Report on Government Services, Productivity Commission
Proportion of full-time students with an attendance rate of 90 per cent or higher ( years 1 to 6)	Report on Government Services, Productivity Commission
Proportion of full-time students with an attendance rate of 90 per cent or higher ( years 7 to 10)	Report on Government Services, Productivity Commission
2 Percentage of 15 to 19 year old school leavers fully engaged in education, training and / or employment	Productivity Commission
2 Percentage of 20 to 24 year old school leavers fully engaged in education, training and / or employment	Productivity Commission
2 Percentage of children and young people expressing high levels of confidence in achieving their study or work goals	Mission Australia
Youth unemployment rate	Australian Bureau of Statistics
Percentage of post-year 10 direct continuation to year 11	Office of the Tasmanian Assessment, Standards and Certification
Percentage of post-year 10 direct continuation to year 12	Office of the Tasmanian Assessment, Standards and Certification
Percentage of potential year 12 students attaining the TCE	Office of the Tasmanian Assessment, Standards and Certification
1 Percentage of 4-5 years (who do not attend primary school) usually attending preschool	Australian Bureau of Statistics
1 Apparent retention rate Year 7/8 to Year 12 (Percentage of)	Australian Bureau of Statistics
1 Percentage of 15-19 years enrolled in study for a qualification	Australian Bureau of Statistics
1 Percentage of children missing school at least once a week	Australian Child Wellbeing



### Are supported to learn by their caregiver and education providers

2	Percentage of children assessed as having 'Highly Developed Strengths' in the Australian Early Development Census Multiple Strength Indicator	Australian Early Development Census
1	Percentage of children who report their parents ask them what they are learning in school at least once a week	Australian Child Wellbeing
1	Percentage of children who report their parents talk to their teacher at least once or twice a term	Australian Child Wellbeing
1	Percentage of children who report their parents make sure they set aside time for homework at least once a week	Australian Child Wellbeing
1	Percentage of children reporting they have a teacher that really cares for them	Australian Child Wellbeing
1	Percentage of children reporting they have a teacher who listens to them when they have something to say	Australian Child Wellbeing

### Are participating in early childhood education

2	Percentage of children meeting all markers on the Kindergarten Development Check	Department of Education (Tasmania)
1	Percentage of 0-2 years usually attending formal childcare	Australian Bureau of Statistics
1	Percentage of 0-12 years who require additional days of care	Australian Bureau of Statistics
1	Median usual weekly cost of childcare for families with children 0-12 years (\$)	Australian Bureau of Statistics
1	Percentage of parents read from book or told story to child 0-2 years in past week	Australian Bureau of Statistics

### Have their individual learning needs addressed to allow them to realise their learning potential

Further work required to identify data sources for this indicator

### Are developing literacy and numeracy skills appropriate to age

	Percentage of year 3 students in the top four bands for reading under National Assessment Program – Literacy and Numeracy	Australian Curriculum Assessment and Reporting Authority
	Percentage of year 9 students in the top four bands for reading under National Assessment Program – Literacy and Numeracy	Australian Curriculum Assessment and Reporting Authority
	Percentage of year 3 students in the top four bands for numeracy under National Assessment Program – Literacy and Numeracy	Australian Curriculum Assessment and Reporting Authority



	Percentage of year 9 students in the top four bands for reading under National Assessment Program – Literacy and Numeracy	Australian Curriculum Assessment and Reporting Authority
2	Percentage of children who are 'on track' against the language and cognitive skills (school-based) domain of the Australian Early Development Census	Australian Early Development Census
I	Percentage of children at first year of school developmentally vulnerable (language and cognition)	Australian Early Development Census
I	Percentage of children at first year of school who are developmentally vulnerable (social competence)	Australian Early Development Census
I	Percentage of children at first year of school who are developmentally vulnerable (communication skills and general knowledge)	Australian Early Development Census
I	Percentage of children at first year of school who are developmentally vulnerable (emotional maturity)	Australian Early Development Census
I	Percentage of children at first year of school developmentally vulnerable (physical health and wellbeing)	Australian Early Development Census
I	Percentage of 15 years at level 2 and above for reading	Australian Council for Educational Research
I	Percentage of 15 years at level 2 and above for maths	Australian Council for Educational Research
I	Percentage of 15 years at level 2 and above for science	Australian Council for Educational Research
Are supported to learn about their world through connection to nature and the outdoors		
Further work required to identify data sources for this indicator		
Not linked to a domain descriptor		
I	Percentage of children reporting that school is a place where they feel happy	Australian Child Wellbeing
I	Percentage of children feeling some or a lot of pressure from schoolwork	Australian Child Wellbeing





## Participating

### Are engaging with peers and community groups

2	Percentage of children who are 'on track' against the communication skills measure of the Australian Early Development Census	Australian Early Development Census
1	Percentage of 18-24 years participated in groups in past year...social groups; community support groups; civic and political groups	Australian Bureau of Statistics
1	Percentage of 5-14 years with a disability who engaged in a social activity away from home in the previous 3 months	Australian Bureau of Statistics
1	Percentage of 15-24 years who spent time doing unpaid voluntary work in the previous 12 months	Australian Bureau of Statistics

### Are an active participant in their own life, including being able to have a say and have their opinion heard and valued

	Percentage of young people who report that they take part in student leadership activities	Mission Australia
	Percentage of young people who report that they take part in youth groups and clubs	Mission Australia
	Percentage of young people who report that they take part in environmental groups / activities	Mission Australia
	Percentage of young people who report that they take part in political groups / organisations	Mission Australia
	Percentage of young people aged 16 to 17 enrolled to vote	Australian Electoral Commission
	Percentage of young people aged 18 to 24 enrolled to vote (Commissioner for Children and Young People and Australian Research Alliance for Children and Youth)	Australian Electoral Commission
2	Percentage of young people who feel that they can have a say on important issues with their family (all or some of the time) (Commissioner for Children and Young People only)	Mission Australia
1	Percentage of 18-24 years feel able to have a say among family and friends on important issues all or most of the time	Australian Bureau of Statistics
1	Percentage of 15-24 years feel able to have a say within community on important issues all or most of the time	Australian Bureau of Statistics



## Participating

### Are taking part in organised activities including sport

1	Percentage of children reporting that there are lots of fun things to do in their neighbourhood	Australian Child Wellbeing
2	Percentage of young people participating in sporting activities	Mission Australia
2	Percentage of young people participating in arts, cultural or music activities	Mission Australia
	Percentage of young people participating in volunteer activities	Mission Australia
1	Percentage of 15-24 years who have participated in sport or recreational physical activity in past year	Australian Bureau of Statistics
1	Percentage of 15-24 years involved in at least one organised cultural activity in past year	Australian Bureau of Statistics

### Have access to and use technology and social media

1	Percentage of 18-24 years spent time in Internet social activity in past 3 months	Australian Bureau of Statistics
1	Percentage of 5-14 years having a mobile phone survey no longer includes this question	Australian Bureau of Statistics

### Can share experiences in nature and express their environmental views

Further work required to identify data sources for this indicator

### Not linked to a domain descriptor

	Percentage of dwellings with a car	Australian Bureau of Statistics
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## Having a Positive Sense of Culture and Identity

### Can find out about family and personal history and are supported to connect positively with their culture

Percentage of young people that report feeling 'very concerned' or 'extremely concerned' about discrimination	Mission Australia
2 Percentage of young people who have experienced unfair treatment or discrimination (Commissioner for Children and Young People only)	Mission Australia

### Have a positive sense of self-identity and self-esteem

I Percentage of 15-19 years reporting that body image is an issue of personal concern	Mission Australia
I Percentage of 15-19 years who report discrimination as being a personal concern	Mission Australia

### Feel like they belong

Percentage of children who are 'on track' against the social competence measure of the Australian Early Development Census	Australian Early Development Census
I Percentage of children and young people who feel a high degree of school belonging	Department of Education (Tasmania)
I Percentage of children and young people who feel to a high degree that they belong to a social group	Department of Education (Tasmania)



## Having a Positive Sense of Culture and Identity

### Are in touch with cultural or spiritual practices and have these practices valued and respected

Percentage of 15-19 years who have experienced discrimination in relation to their... Gender; Race / cultural background; Age; Physical health or ability; Mental health; Religion; Sexuality	Mission Australia
Percentage of 2-14 years who have been treated unfairly at school because they are Aboriginal and/or Torres Strait Islander	Australian Bureau of Statistics
Percentage of 15-24 years who have avoided certain social situations due to unfair treatment as an Aboriginal and/or Torres Strait Islander	Australian Bureau of Statistics
Percentage of 15-19 years rating Lesbian Gay Bisexual Transgender Queer and Intersex + issues as one of the most important issues facing Australia	Mission Australia
Percentage of 15-24 years who speak at least some words of an Australian Aboriginal and Torres Strait Islander language	Australian Bureau of Statistics
Percentage of 5-24 years speaking a language other than English at home	Australian Bureau of Statistics
Percentage of 15-24 years identifying as Aboriginal and/or Torres Strait Islander	Australian Bureau of Statistics
Percentage of 15-24 years who identify with a clan or tribal or language group	Australian Bureau of Statistics
Percentage of 15-24 years who recognise homelands / traditional country	Australian Bureau of Statistics
Percentage of 4-24 years who have been involved in selected events, ceremonies or organisations in previous 12 months	Australian Bureau of Statistics
Percentage of 2-14 years being taught Aboriginal and/or Torres Strait Islander culture at school	Australian Bureau of Statistics
Percentage of 15-24 years who report being tolerant of society being comprised of different cultures	Australian Bureau of Statistics
Percentage of 5-24 years born overseas	Australian Bureau of Statistics
Percentage of 15-24 years identifying with a religious affiliation	Australian Bureau of Statistics

### Can connect to nature and express their core values about the environment

Further work required to identify data sources for this indicator





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CHILD AND YOUTH WELLBEING STRATEGY  
Some Current Tasmanian  
Wellbeing Initiatives by Domain



## Being Loved, Safe and Valued

Action	Lead Agency	Description
Child Health and Parenting Service	Health	Provides statewide universal child health and parenting services to Tasmanian families with children between 0-5 years.
Antenatal Complex Care Clinics	Health	Provide antenatal care and support for mothers with complex needs, including care for teenage mothers, mothers with alcohol and drug issues, and mothers who are incarcerated.
Oral Health Services Tasmania	Health	Lift the Lip is a priority pathway to Oral Health Services Tasmania that can be accessed by any child health, school nurse or education professional that considers a child to be in need of dental care, early intervention or preventive care or family oral health support.
Vulnerable unborn babies and infant strategy	Communities Tasmania	The strategy focuses on the safety and wellbeing of unborn babies and infants aged 0 to 1 year and aims to provide support to families of unborn babies and infants who come to the attention of Child Safety Services.
Improved Service System response for children and young people with highly complex needs	Communities Tasmania	Implementation of the expert panel advice and recommendations on the essential therapeutic elements required for an improved service system response for Tasmanian children and young people with highly complex needs.
B4 Early Years Coalition	Education	Established by the Tasmanian Government in 2016 this coalition aims to ensure that every child in Tasmania is cared for and nurtured through the early years.
Parenting Programs	Health	There are a number of evidenced based parenting programs delivered by Government funded services providing support to parents across the State eg. 1-2-3 Magic, Circle of Security.
Student Wellbeing Teams	Education	Provide intensive and targeted support to students where there may be concerns for the student's safety and wellbeing. The teams work collaboratively with experienced school social workers and the Children's Advice and Referral Service to determine supports and/or intervention.
Respectful Relationships Education	Education	Respectful Relationships Education provides a collection of resources for use in all Tasmanian Education contexts (from birth to Year 12) with the aim that all Tasmanian communities value a culture of respect.
Combatting Bullying Initiative	Education	This initiative includes the antibullying website Bullying Stops Here and provides children, young people and teachers with the resources required to recognise and tackle bullying.
Cyber Safety in Schools	Education	Schools access a range of resources to ensure safe technology based learning including resources and information from the Office of the Children's eSafety Commissioner. Schools also have 'acceptable use of technology' guidelines and filters on internet use to protect students from known risks.



## Being Loved, Safe and Valued

Action	Lead Agency	Description
Alcohol and Drug Service	Health	Provides free, voluntary statewide services for adults and their families for alcohol, tobacco and other drug issues. Engagement and access to this service for parents to provide safe home environments is vital. The Reform Agenda discusses the needs of priority groups, including young people.
Safe Homes, Families, Communities: Tasmania's action plan for family and sexual violence 2019-2022	Communities Tasmania	Provides a coordinated, whole-of-government approach to family and sexual violence. It includes a number of actions relevant to children and young people such as increased counselling services, mechanisms to deal with technology-based abuse, Respectful Relationship education in all schools, a program for problem sexual behaviours, the Step Up adolescent intervention program, Family Violence Liaison Officer in the Safe Families, Safe Kids Advice and Referral Line and Safe Homes Safe Families support teams in schools and Child, Family and Learning Centres. .
Family Violence Counselling and Support Services	Communities Tasmania	Offers professional and specialised services to assist children, young people and adults affected by family violence. This service is part of the Safe at Home initiative: a Tasmanian whole-of-government response to family violence.
Flexible Support Packages	Communities Tasmania	Flexible Support Packages provide funding to enhance the safety and wellbeing of people affected by family violence. This funding is a holistic response to people experiencing family violence and provides practical supports to enhance safety and wellbeing when leaving an abusive relationship.
Primary Prevention Programs to address Family Violence.	Premier & Cabinet	Consent is a Conversation - provides training for students from Secondary Schools through to University about consent, sexual ethics and decision making skills. Safe, Smart Kids – provides training for students in primary school to empower children to understand their body and equip them to make positive, ethical choices about intimate relationships.
Strong Families, Safe Kids: Next Steps Action Plan 2021-23	Communities Tasmania	This action plan continues the successful Child Safety Redesign work under Strong Families Safe Kids and will deliver 34 actions under five key priority areas of the reform agenda. Seeks to improve the wellbeing outcomes for all Tasmanian children through a public health approach.
Strong Families Safe Kids Advice and Referral Line	Communities Tasmania	The Advice and Referral Line is the first point of contact for concerns about child wellbeing and safety. It coordinates a network of government and non-government support and early intervention services for children and their families.





## Being Loved, Safe and Valued

Action	Lead Agency	Description
<b>Integrated Family Support Services</b>	Communities Tasmania	IFSS are offered through a range of non-government providers and include provision of practical parenting support, resources and referrals to services that build family resilience.
<b>Intensive Family Engagement Services</b>	Communities Tasmania	Provides intensive support for families with complex needs such as family violence, alcohol and drug and mental health issues.
<b>Child Safety Services</b>	Communities Tasmania	Protect children and young people who are at risk of abuse or neglect as defined in the Children, Young Persons and their Families Act, 1997.
<b>Strengthening Permanency Project</b>	Communities Tasmania	Focuses on stability and permanent placements for vulnerable children and young people in the Child Safety System through greater support for families and carers.
<b>Youth Support Programs</b>	Communities Tasmania	Provide intensive support for young people in the community who are experiencing multiple and complex issues and include programs such as Targeted Youth Support, Supported Youth Program and Transition from Detention Program.
<b>Youth Justice Services</b>	Communities Tasmania	Work with young people who have been placed under supervision orders in the community with the aim to rehabilitate and divert young people from re-offending.
<b>Youth Justice Blueprint</b>	Communities Tasmania	Development of a Youth Justice Blueprint that aligns with the six wellbeing domains of the Child and Youth Wellbeing Framework and delivers an overarching strategic direction for an integrated, therapeutic youth justice system in Tasmania.
<b>Child Safe Organisations</b>	Justice	Development of a child safe legislative framework incorporating the implementation of Child Safe Standards and a Reportable Conduct Scheme
<b>Commission of Inquiry into Tasmanian Government's Responses to Child Sexual Abuse</b>	Justice	Establishment of a Commission of Inquiry under the Commissions of Inquiry Act 1995 to investigate the responses of Tasmanian Government Agencies in relation to the management of allegations of child sexual abuse.



## Having Material Basics

Action	Lead Agency	Description
<b>Supported Transitional Accommodation Programs for Young Parents</b>	Communities Tasmania	There are three programs for young parents that operate in each region of Tasmania: Small Steps, Karinya Mums'n' Bubs program and transitional housing for young couples with a new baby in the North West.
<b>Oral Health Services Tasmania</b>	Health	Helping Healthy Smiles is a partnership program with Child Health and Parenting Service and Child, Family and Learning Centres to provide families who are more likely to develop early childhood decay with free toothbrushes and toothpaste.
<b>Student Assistance Scheme</b>	Education	Provides assistance to low income families towards the cost of government school fees and levies that cover costs for stationery, learning materials, school excursions and camps.
<b>Healthy Eating Schools and Canteens</b>	Education	Promote a whole school approach to healthy eating, including a Canteen Accreditation Program for best practice procedures for high quality and safe food service in schools.
<b>School Gardens</b>	Education	The 24 Carrot Gardens Project and the Stephanie Alexander kitchen garden foundation provide schools with information, educational resources, professional development and support to deliver food education, and help children to learn to grow, cook and eat healthy produce.
<b>School Breakfast Programs</b>	Education	Breakfast programs have been running for a number of years in Tasmanian primary and secondary schools often in partnership with the local community or local community providers.
<b>School Food Plans</b>	Education	Funding provided to the Tasmanian Canteen Association and six Tasmanian schools to develop school food plans: This program will link to the curriculum and include growing, cooking and eating food that has been cooked from scratch.
<b>School Farms and Paddock to Plate programs</b>	Education	A number of Tasmanian schools have 'school farms' that allow them to run a range of programs for students up to Year 12 including 'paddock to plate', 'animal husbandry', 'agriculture'.
<b>Move Well Eat Well</b>	Health	Promotes a healthier Tasmania for children through healthy eating and regular physical activity, including delivery of resources to early childhood services and primary schools to foster health promoting schools.



## Having Material Basics

Action	Lead Agency	Description
<b>Eat Well Tasmania</b>	Health	Funded by the Tasmanian Government this non for profit organisation promotes healthy eating and opportunities to eat healthy Tasmanian grown food. Includes the We Eat Local app to assist Tasmanians in accessing local fresh produce.
<b>Affordable Housing Strategy 2015-2025</b>	Communities Tasmania	Provides a roadmap to improving housing affordability and reduce housing stress on vulnerable Tasmanians. Action Plan 2 (2019-2023) includes specific initiatives to address youth homelessness such as supported accommodation facilities for young people aged 16-25 years across Tasmanian regions (eg. new Burnie and Southern Youth Foyers and expansion of Thyne House), new Burnie Youth Facility to provide crisis and transitional housing and a new youth at risk centre for 12-15 year olds in Launceston. Rapid Re-housing for families escaping family violence will also continue under Action Plan 2.
<b>Under 16 Homelessness</b>	Communities Tasmania	The Under 16 Homelessness Working Group provides advice and recommendations to Government on how to improve the lives of young people who are homeless or at risk of homelessness.
<b>Streets Ahead Incentive Program</b>	Communities Tasmania	This program is available to all public housing tenants, assisting them to buy a home from Housing Tasmania. The program helps with deposits, mortgage insurance and legal costs associated with buying a Housing Tasmania home.
<b>HomeShare Program</b>	Communities Tasmania	HomeShare is a program that is available to eligible Tasmanians to assist them in owning their own home (either a Housing Tasmania property or a new house). The program reduces the costs of buying a house by sharing the cost with the Director of Housing, which is paid back before 30 years.
<b>Emergency Food Relief</b>	Communities Tasmania	Tasmanian government funds organisations to provide emergency food relief for members of the community such as food hampers, meals and grocery vouchers. Increased funding was provided during the height of the COVID-19 pandemic in Tasmania.
<b>No Interest Loan Scheme</b>	Premier & Cabinet	The No Interest Loan Scheme is supported by the Tasmanian government to assist low income earners with purchasing essential supplies. No Interest Loan Scheme Education Loans help parents with the costs of learning e.g. purchasing a computer or laptop. The scheme provides interest free loans with no fees or charges that can be paid back in small fortnightly repayments.
<b>Public Housing Heating and Energy Efficiency Initiatives</b>	Communities Tasmania	The Tasmanian Government allocated an additional \$15 million in the 2020/2021 budget for Public Housing heating and energy efficiency initiatives.



Action	Lead Agency	Description
Child Adolescent Mental Health Services including implementation of the Child Adolescent Mental Health Services review	Health	Provides a free statewide service for infants, children and young people with a diagnosed mental health issue. Investment of \$45.2 million in March 2021 will fund a fundamental shift in the delivery of Child and Adolescent Mental Health Services and provide the best possible mental health care for children and young people. It will help to establish a consistent service response across Tasmania; stronger partnerships between community and government services; establish two highly specialised intensive mental health intervention services for children on protection orders, two Youth Early Intervention Services, an eating disorders day program, a statewide Youth Forensic Mental Health Service, increased capacity for the Perinatal and Infant Mental Health Service in the North and North West, facilities for community outpatient services.
Tasmanian Disability Services Commissioner	Communities Tasmania	Establishing a Tasmanian Disability Services Commissioner, for continuous improvement in delivery of supports and services for people with disability.
Youth Health Service	Health	Youth Health Services provides a range of prevention and early intervention services for young people aged 12 – 24 years. This includes a mix of clinical services and education programs which assist young people to address a wide range of health issues.
Tasmanian Health Service – Allied Health Services	Health	The Tasmanian Health Service provides a range of allied health services across the state, including (but not limited to) physiotherapy, occupational therapy, nutrition and dietetics, podiatry, audiology, psychology, orthotics and prosthetics and speech pathology.
Tasmanian Health Service – Paediatric Medical and Surgical Services	Health	The Tasmanian Health Service provides health care to referred children via general paediatrics clinics in each region of the state. Paediatric clinics refer children to specialist paediatric services where appropriate. The Paediatric Surgical Unit at the Royal Hobart Hospital is the tertiary referral service and accepts referrals from around the state. It provides care for all children and young people from birth to 14 years of age who have emergency or elective surgical needs. Children and young people may also access surgical services within other specialities such as ear, nose and throat, general surgery or orthopaedics as clinically indicated.
The Butterfly Foundation Peer Workers Partnership related to eating disorders	Health	The State Government has funded a trial to deliver a peer support program in Hobart for people over the age of 18. The program provides a range of streams, including peer support groups for people experiencing, or at risk of experiencing an eating disorder, and peer support groups for people who have a loved one with, or at risk of an eating disorder. The Government is also providing funding over two years to the Butterfly Foundation to recruit peer workers to support Tasmanians living with eating disorders.





## Being Healthy

Action	Lead Agency	Description
Tasmanian Health Service – Specialist Services for health conditions (eg. cystic fibrosis, allergies, asthma)	Health	The Tasmanian Health Service provides specialist services across the state for specific health conditions, including (but not limited to) specialist services for paediatric cystic fibrosis, paediatric asthma, development and behaviour services, paediatric diabetes, paediatric epilepsy and neurology, paediatric oncology and diagnosis and management of children and young people with allergic disorders.
Tasmanian Health Service – Tasmanian Paediatric Rehabilitation Services	Health	The Tasmanian Paediatric Rehabilitation Service provides statewide specialised rehabilitation care for children and young people with a functional impairment that is associated with complex healthcare needs. Commonly seen conditions include cerebral palsy, acquired brain injury and complex orthopaedic conditions.
Implementation and evaluation of an Overarching Paediatric Model of Care	Health	The aim of the Model of Care (which was co-designed with consumers and clinicians cross relevant health services) is to provide consistency in the values, enablers and principles (identified through the co-design process) that all publicly funded health services should strive for when working with children and young people.
Breastfeeding Coalition Tasmania	Health	Health Is a partnership of government and non-government organisations working to provide an enabling environment for breastfeeding.
Immunisation Program	Health	Immunisation in Tasmania is administered in many settings; including general practice, Aboriginal Health Services, pharmacies, local councils, and schools through School Based Immunisation Programs.
Women's and Children's Services	Health	Provides services for women and children, including maternity, paediatric and outpatient services. The service has also developed a Pregnancy, Birth and Early Parenting online portal to provide information relating to health care during pregnancy and post birth.
Child Health and Parenting Service	Health	Provides statewide universal child health and parenting services to Tasmanian families with children between 0-5 years and receives a referral for every child born in Tasmania providing nationally recommended growth and development screening.
Perinatal and Infant Mental Health Service	Health	A clinic at the Royal Hobart Hospital which sees pregnant women with both pre-existing and new mental health illnesses, or concerns of possible mental illness in the antenatal period and postnatally up to 12 months.



Action	Lead Agency	Description
Oral Health Services Tasmania	Health	Provides free, statewide and universal oral health services for children and young people aged 0-17 years. Oral Health Services Tasmania's Healthy Smiles for Two program aims to improve the health outcomes of pregnant women and the unborn child and the future oral health outcomes of the infant by integrating oral health into general assessment; working in partnership with midwives to increase their oral health knowledge.
School Health Nurses	Education	School Health Nurses work in primary and secondary government schools and colleges across Tasmania to promote health and wellbeing in schools, including mental health and sexual health.
Student Health Initiative	Education	Focuses on improving the health and wellbeing of students in Tasmanian schools, including the development of collaborative partnerships to promote broad, long term and innovative change in school communities.
Healthy Tasmania Strategic Plan	Health	Outlines a preventative health approach that supports Tasmanians to make healthy choices through priority action areas.
Healthy Kids Website	Health	The Healthy Kids website is a priority action under the Healthy Tasmania strategy, providing information for parents organised under topics of pregnancy, babies, early childhood, school age, and young people.
Family Food Patch	Health	Funded by and working in partnership with the Tasmanian Government, the Family Food Patch program aims to improve the health and wellbeing of Tasmanian children and families through promotion of eating well and being active.
Universal Newborn Hearing Screening	Health	Free newborn hearing screening is provided to all Tasmanian babies, usually just after birth.
HEARTS Outpatient Clinic	Health	A multidisciplinary outpatient clinic for children and young people in out of home care provides screening and health and development assessments to monitor the health outcomes of these children.
Alcohol and other Drug Services	Health	Provides free, voluntary statewide services for adults and their families for alcohol, tobacco and other drug issues.
Premier's Health and Wellbeing Advisory Council	Premier & Cabinet	Established to provide advice on cross sector and collaborative approaches to improve the health and wellbeing of Tasmanians.



Action	Lead Agency	Description
Tasmania's Strategy for Children: Pregnancy to Eight Years 2018-2021	Education	Focuses on improving education, health and wellbeing outcomes for children from pregnancy through to 8 years through quality, equity and partnerships.
Child and Family Learning Centres	Education	Work with and support families with children aged 0-5 years in order to improve educational, health and wellbeing outcomes for children, by reducing barriers and increasing access to services and preparing children for transition to school.
Launching into Learning	Education	Free program for children from birth to 4 years available in all Tasmanian schools and Child and Family Learning Centres, providing creative play opportunities to support a child's learning and assist in their transition to school.
Working Together Supporting Early Learning for additional needs	Education	Each eligible child can take part in up to 400 hours of free early learning at a childcare service in the year before they start kindergarten, the program also provides extra support for either the child, or family as needed.
Learning in Families Together (LIFT)	Education	Builds on the Launching into Learning program and provides caregivers of children in K-2 with opportunities to be actively involved in their child's learning
Connected Beginnings	Education & Australian Government	Connected Beginnings is an Australian Government funded program that aims to support the integration of early childhood, child health and parenting and family support services with schools within Indigenous communities:
Communities for Children	Education & Australian Government	The programs provide an early intervention approach to support families, relationships, and parenting skills to enhance the wellbeing of children in disadvantages communities.
Child Health and Parenting Service	Health	Provides education and support to parents through its universal child and health services, including through home visiting and parenting centres.
Families Tasmania (previously known as the Child Health Association of Tasmania)	Communities Tasmania	Families Tasmania is a statewide organisation supporting, connecting and inspiring local families and the wider community. They provide resources, activities and knowledge, supporting Tasmanian families.
Child and Student Wellbeing Strategy	Education	The 2018-2021 Department of Education Child and Student Wellbeing Strategy provides a whole of service approach and shared understanding of wellbeing, outlining the role learning environments and teachers can have to positively impact the wellbeing of students.



Action	Lead Agency	Description
Student Wellbeing Survey	Education	An annual student wellbeing survey is conducted in Tasmanian government schools providing information on social and emotional wellbeing, school relationships, engagement and learning in school, physical health and wellbeing and after school activities.
Bounce Back to Learning at School	Education	An initiative for students in K-2 to support them back into the classroom after COVID-19. Includes the provision of early learning educators who will work collaboratively with teachers to identify learner needs and tailor learning for children.
Years 9 to 12 Project	Education	Aims to enable all students to achieve their potential and make education more meaningful and engaging. Includes actions such as developing a contemporary curriculum, a focus on skills that are transferable, clear learning pathways, innovative programs relevant to local communities, collaboration with industry partners and increased aspirations for education in Tasmania.
Flexible Learning Programs	Education	Flexible learning programs provided by the Department of Education assist students to stay engaged or re-engage with their education either on school grounds, at external sites or via home learning.
Extension of Schools to Year 12	Education	This initiative aims to increase attendance and improve retention and attainment rates by making it easier for students to undertake Year 11 and Year 12 studies in their local communities.
School Based Traineeships	Education	Provide opportunities for students to combine work, training and education. Students can gain a nationally recognised qualification while also working and completing their Tasmanian Certificate of Education studies.
Collective Ed Project	Education	Partnership between Beacon Foundation and Education Department to assist students to complete Year 12 and enhance pathways from school to the workforce.
Vocational Placement Pilot Project	Education	Partnership between Department of Education and Beacon Foundation to support vocational placements for students undertaking vocational education and training courses.
Finding their Place	Education	Program in the North West that brings together Beacon Foundation, Burnie Works and the North West Industry Training Hub. Campaign launched to find placements in local industries for students affected by COVID-19 who need to still complete their vocational education and training in the workplace.
Developing Independence Certificate	Education & Communities Tasmania	A Certificate 1 in Developing Independence is being piloted for clients in the Youth Foyer Project in partnership with Tas TAFE. The accredited certificate is a personal planning and educational engagement tool designed to enable young people without adequate family, personal or social networks to develop core life management skills
Health Literacy	Health	Plan to guide actions for addressing health literacy in Tasmania. Includes initiatives to improve health literacy skills and settings, making information more accessible and services more responsive.





## Participating

Action	Lead Agency	Description
Families Tasmania (previously Child Health Association of Tasmania)	Communities Tasmania	A statewide organisation supporting, connecting and inspiring local families and the wider community through provision of resources, activities and knowledge.
Child Advocate	Communities Tasmania	Provides a voice for children and young people who are in out of home care. The advocate role enables children and young people in out of home care to raise concerns about the quality of care or decisions being made about them. Includes the Youth Change Makers Program which enables those who are or have been in care to voice their ideas and shape and improve the out of home care system.
Ticket to Play	Communities Tasmania	A community sports voucher program designed to reduce the cost of children and young people participating in club sports.
Grants for Community Participation Programs	Communities Tasmania with Local and Australian Government and Community Groups	These grants support children and young people to participate in community life. This includes a range of grant programs including LGBTIQ+ Grants Programs and the Community Participation and Appeals fund. Programs such as the Young Achiever Awards are included in these programs
Grant Programs for Community, Sport and Recreation Facilities	Communities Tasmania with Local and Australian Government, community and sporting groups	These grant programs support children and young people to have access to contemporary, accessible and well-planned facilities in their communities enabling them to be active and engaged. Grant programs include Improving the Playing Field to upgrade sporting facilities and the Agricultural Show Development Grants to support the role of agricultural shows in local communities. There is also a large number of individual funding commitments such as skate parks, playgrounds and mountain bike trails.
Stronger Places Stronger People	Communities Tasmania	A 5-year partnership between Burnie City Council, Australian Government and Tasmanian Government to build a stronger Burnie community by assisting the local community to identify priorities and find local solutions through a collective impact approach.



## Participating

Action	Lead Agency	Description
Support for Social Enterprises	Communities Tasmania	The Tasmanian Government provides support for social enterprise initiatives that reduce employment barriers and aid participation (eg. Hamlet and Troublesmiths).
Tasmanian Carer Policy and Action Plan	Communities Tasmania	Recognition of children/young people who are carers and enhancing supports/services they may require.
Accessible Island: Tasmanian Disability Framework	Communities Tasmania	A whole-of-government approach to ensure all government agencies have socially just policies and practices for Tasmanians with a disability, including ensuring children/young people with a disability have access to universal and specialist therapy services.
Premier's Youth Advisory Council	Premier & Cabinet	Provides a diverse group of young people aged 12-25 years with opportunities to advise the Government on issues of importance to young people and the impact of policies and initiatives on them.
TasGRAD program	Premier & Cabinet	A 2-year program that offers graduates full-time employment and participation in a professional development program with rotational opportunities across different agencies.
Tasmanian State Service Aboriginal Employment Strategy	Premier & Cabinet	A whole of State Service approach to attract, retain and support the careers of Aboriginal people.
Our Digital Future: Tas Govt Strategy for Digital Transformation	Premier & Cabinet	A strategy that includes key priorities such as 'our digital community' which aims to improve community wellbeing through activities that focus on enhanced accessibility, ability and affordability of digital technology.
Workforce Growth Agenda and Regional Employment Hubs	State Growth	In response to high unemployment across regional areas Tasmania is piloting job matching and employment support services through the Strategic Growth Agenda.
George Town Community Led Growth Agenda	State Growth	Tasmanian Government support for the George Town Future Impact Group to deliver projects that benefit the local community.
JobTrainer	State Growth	A \$21m co-funded by the Australian Government program provides no cost training to school leavers and young people.
Rapid Response Skills Initiative	State Growth	Provides funding towards the cost of training for people who have lost employment, were retrenched or forced to close their business due to COVID-19.
Energising Tasmania	State Growth	A \$16 million commitment to support training and employment pathways for the renewable energy sector.



## Participating

Action	Lead Agency	Description
Payroll Tax Concessions	State Growth	In the 2020/2021 Budget, the Tasmanian Government committed over \$22 million to further drive job creation for apprentices, trainees and youth employees.
North West Job Ready Generation Package	State Growth	A \$3.2 million investment in programs that support upskilling of up to 600 north-west Tasmanians with qualifications and on-the-job training required in targeted sectors.
Discovery Rangers in National Parks	Primary Industries, Water and Environment	Rangers host free discovery days and interactive activities for children and families in national parks and reserves.
COVID-19 Recovery Survey for 18-25 year olds	Treasury and Finance	The Premier's Economic and Social Recovery Advisory Committee partnered with the University of Tasmania to undertake a community survey on recovery and wellbeing following COVID-19, including a specific focus on the wellbeing of 18-25 year olds.
Youth Ambassador Program	Commissioner for Children and Young People	The Commissioner for Children and Young People's Youth Ambassador Program allows children and young people aged 9-17 years to have a voice on how things in Tasmania can be improved for them.
Advocacy for young people in the Ashley Youth Detention Centre	Commissioner for Children and Young People	The Commissioner for Children and Young People provides advocacy for young people who are on remand or detained within the Ashley Youth Detention Centre.



## Having a Positive Sense of Culture and Identity

Action	Lead Agency	Description
Aboriginal & Torres Strait Islander Child Placement Principle & Aboriginal Liaison Officers	Communities Tasmania	Communities Tasmania is a signatory to the national Aboriginal and Torres Strait Islander Child Placement Principle (the Child Placement Principle), which aims to keep children connected to their families, communities, cultures and country, and to ensure the participation of Aboriginal and Torres Strait Islander people in decisions about their children's care and protection. Children, Youth and Families has partnered with the Tasmanian Aboriginal Centre to provide intensive family engagement services with families of Aboriginal origin; three Aboriginal Liaison Officers have been employed, one in each region, to better support and work more closely with the Aboriginal community and facilitate increased participation of Aboriginal people in Child Safety decision making.
Aboriginal Education Services	Education	Provides policy advice and services to assist schools to enable all Aboriginal and Torres Strait Islander children and young people to reach their learning potential. It includes initiatives such as the Aboriginal Sharers of Knowledge Program, Aboriginal Educators in Schools, and the Orb.
Aboriginal Learning Facilitator and Senior Curator (Indigenous Cultures) in museums	Education	Located at the Tasmanian Museum and Art Gallery, Queen Victoria Museum and Art Gallery and Tiagarra Aboriginal Cultural Centre and Keeping Place, they assist with the delivery of public programs around Aboriginal Culture.
Aboriginal Liaison Officers in major hospitals	Health	Provide emotional, social and cultural support to Aboriginal patients and their families.
Young Aboriginal Leaders Scholarship	Communities Tasmania	This scholarship opportunity is for Aboriginal people in Tasmania aged between 15-29 years to assist with the costs associated with career or leadership opportunities. The scholarship aims to support and empower young Aboriginal people to develop their leadership potential.
Multicultural Health Liaison Officers in major hospitals	Health	Improve access to, and experience of, health services for people from culturally and/or linguistically diverse backgrounds
Improving Aboriginal Cultural Respect Across Tasmanian's Health System Action Plan 2020-2026	Health	Developed to help the Department of Health create culturally safe health services, environments, and workplaces for Aboriginal people.





## Having a Positive Sense of Culture and Identity

Action	Lead Agency	Description
Closing the Gap Tasmanian Implementation Plan 2021-2023	Communities Tasmania	Implementation of all of the clauses of the National Agreement on Closing the Gap in consultation and partnership with Tasmanian Aboriginal people and Aboriginal community controlled organisations consistent with the closing the Gap Tasmanian Implementation Plan 2021-2023, in particular as it relates to Targets 2-7, 11 and 12.
Reset Agenda – Resetting the Relationship with Tasmanian Aboriginal Communities	Communities Tasmania	Identifies three themes to resetting the relationship with Aboriginal Communities – Recognition, Reconciliation and Real Outcomes.
Other programs supporting Tasmanian Aboriginal people outlined elsewhere		Other initiatives supporting Tasmanian Aboriginal communities outlined under other wellbeing domains include 'Aboriginal Family Safety Workers in Child and Family Learning Centres'; 'Connected Beginnings'; 'Tasmanian State Service Aboriginal Employment Strategy' and 'Discovery Rangers in National Parks'.
Tasmania's Multicultural Policy and Action Plan 2019-2022	Communities Tasmania	The vision of this plan is for a harmonious, inclusive and respectful Multicultural Island. It includes actions related to children and young people such as a multicultural swimming and water safety program, pathways to opportunities project that links young people with employers and further study.
LGBTIQ+ Whole-of-Government Framework	Communities Tasmania	Supports the development of government policies, programs and services that are accessible to and inclusive of LGBTIQ+ Tasmanians. It includes actions related to children and young people such as training for teachers, a support network for parents and opportunities for Lesbian, Gay, Bisexual, LGBTIQ+ Tasmanians and their families to be involved in the design and delivery of government services.

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